

# The AHS Weekly

Volume: XLV Issue: XXXI





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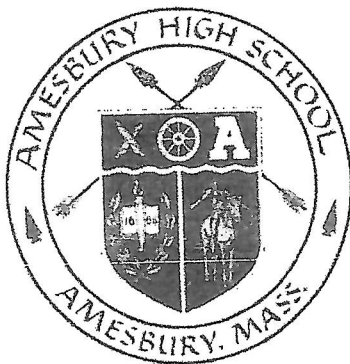
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The AHS Weekly welcomes your questions, comments, and opinions. To submit a letter to the editors or join the staff, contact Barbara Leary, or come to the Mac Lab (241) any Wednesday or Thursday after school. Send articles and comments to ahsweekly@gmail.com.





## Quote of the Week:

"Lasagna!" - Garfield

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# A NEW CLASS OF HONORIES

## AEFI

The Amesbury Educational Foundation Inc held it's annual AEFI awards assembly last Friday. It was followed by a banquet that evening, which is essentially a fundraiser. The point of AEFI is to raise money for school projects that the school system might otherwise not be able to fund. Since 2021 they have given away hundreds of thousands of dollars to teachers requesting grants for various cool projects. Teachers send in grant requests and the grants are announced at the end of the banquet.

Each year AEFI picks a former student, a former teacher, and a friend of education to receive it's awards. These are the people whose photos are on the wall outside the auditorium.

The former teacher for this year was Mrs. Gale Regis. She was introduced by Dash Bogart. Regis is an AHS grad class of 1970, who graduated from Salem State and began teaching at the Amesbury Middle School in 1976. She was known at the hands-on teacher who made science come alive. (Yes,



*Holly Shay, Gale Regis and Steve Sanborn are this year's Hall of Honor recipients*

this is Jess Regis's mom.) Among her projects was Beach Day and creating an AMS weather station that was complete with seismometer.

She told the students to keep their options open, stay curious, and choose happiness. She never intended to be a middle school science teacher. First she wanted to be a secretary and then changed to a flight attendant.

Veronika Ruzkova introduced Dr. Steven Sanborn, AHS Class of '83 as

the former student. Sanborn has degrees from Colby College, Plymouth State, and UMASS Lowell. He started out as a biology teacher and eventually became preK-12 science coordinator for the Andover Public School system, a job from which he is retiring this spring. His two daughters also graduated from AHS. He said AHS has a sense of community "place has a soul."

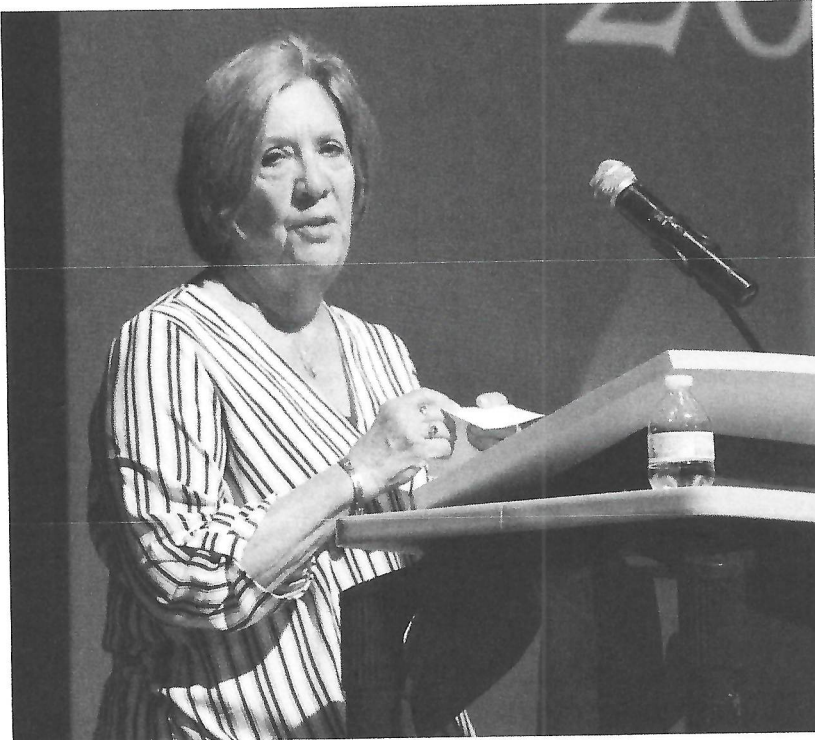
Kylie Desmond introduced Holly Shay, mother of the late Jordan Shay, for which a new elementary school is named. Shay has a degree in social work from Salem

and works as a clinical social worker. After Jordan was killed in the recent earthquake, she stated the Sr. Jordan memorial foundation. At first this was part of AEFI, but in 2017 it became an independent organization which distributes educational grants and scholarships. Shay is an example of someone who turned a horrible situation into something good and positive.



# SPEECH! SPEECH! SPEECH!

AEFI (Continued)



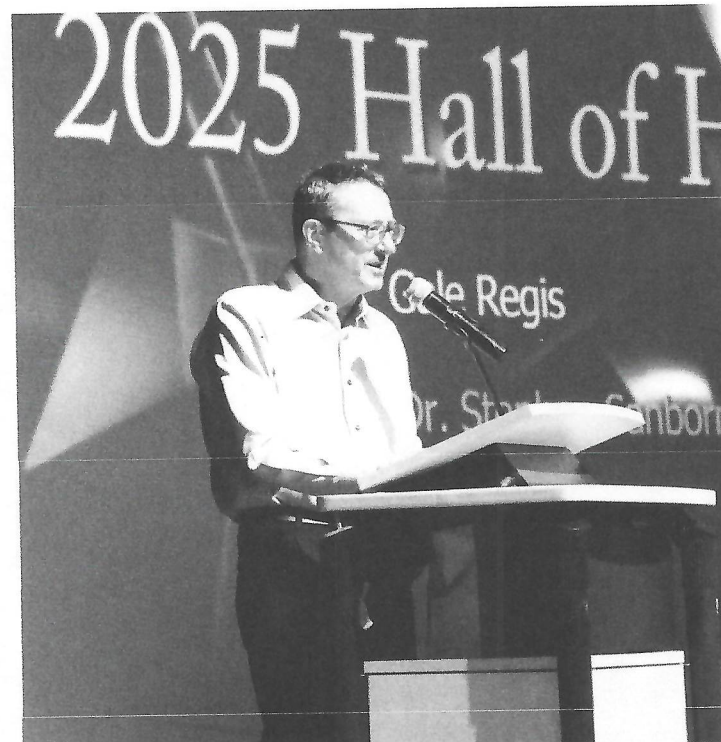
*Gale Regis gives an impassioned speech.*



*Holly Shay inspires students by her sons' story.*



*Steve Sanborn recounts his time at AHS!*



*Bill Messner introduces each candidate.*



# WHAT'S YOUR GPA?

## Top 10 Banquet

The annual Top 10% dinner was held, as usual, at the Ristorante Molise, at 6PM this past Monday. At this dinner the top ten seniors by class rank ask someone (usually a teacher) to give a short speech about them. The speakers usually come bearing gifts, both serious and not so serious. Speeches follow a buffet dinner of outstanding Italian food.

The top ten seniors are Valedictorian Samantha Bender, Salutatorian Addy Upton, and, in alphabetical order, Annah Belisle, Soleil Bennett, Kylie Desmond, Alice Moulton, Julia Parsons, Grace Pisarczyk, Saideep Vaduka Jagan, and Cade Waterman. The emcee for the event was Dr. Lingley.

Sam Bender asked Mr. Mark Casto to be her speaker. In her letter asking him to speak for her, Sam said: "I am truly grateful that you have made Chem such an amazing experience, because without that, I would not be nearly as motivated to seek future studies in that field. Each day the passion and enthusiasm you have towards science and chemistry in particular is clear which makes me all the more excited going forward."

Addy Upton asked Mrs. Kaitlin Johnston to speak for her. Addy said, "I truly believe that between the positive experiences, supportive environment, and consistent support from you helped me reach the AP level of the French language. Your dedication in taking the time to learn how I learned best as a student and catering to those needs is something that I was always grateful for and



*THE TOP 10: Seated: Grace Pisarczyk, Alice Moulton, and Annah Belisle. Standing: Samantha Bender, Julia Parsons, Kylie Desmond, Soleil Bennet, Cade Waterman, Saideep Vagan, and Addy Upson.*

honored by. I am forever grateful for the opportunities I received that allowed me to grow and learn from you over my high school career."

Annah Belisle picked Mrs. Alle to speak for her. Annah said: "Not only did you validate my work but you were always so willing to answer my millions of questions I would come into class with every day, after reading the textbook

the night before. Your attitude for this class is the reason why I will always say that AP Biology was the best class I ever took in high school. Because of your dedication to that class, when other students ask me if they should take that class, I always tell them about the time they must dedicate to learning, but also of how worthwhile it will all be."

No surprise that the class artist, Soleil Bennett, picked Mr. Jackson to speak for her. Soleil said, "Your example, you have shown me the importance of perseverance and staying true to oneself, no matter the circumstances. For that alone, I am forever grateful. Your personification of the word 'motivation' inspired me to stay focused and remember that everything happens for a reason. In many ways, your words of hope, reason, sometimes just ridiculousness, and playfulness have calmed my uptight, perfectionist, anxiety-ridden thoughts. I have found a moral compass in you."

**Continued on next page**



# LOOK AT THOSE BRAINS!

## Top 10 Banquet

because of your empathy for others and your exemplary strength of character.”

Kylie Desmond picked her math teacher, Ms. Regis, to speak for her. Kylie said, “In your class, we perfectly balance learning and fun and it truly made the content we were learning more meaningful. I love how you start off each class with a corny joke and make silly math problems about your students. It has always made class time more fun—especially in some of my classes that feel so mundane and boring. I am not a math person at all, but in your class, I feel encouraged to try my best. I feel comfortable being myself around you, and I know so many other students feel the same way.”

Alice Moulton picked graphic design teacher Kaitlin Sconce, to speak for her. Alice said, “I find it really enjoyable to have an art class all year long. However, I found during your time helping out our AP class that I got the most advice; having more than one person view my portfolio gave me so much more room to improve.”

Julia Parsons, AHS’s #1 girls cross country runner, picked her assistant cross country coach Andrew Goodwin, to speak for her. Julia said, “You’ve taught me that consistency, resilience, and showing up even when it’s hard are what really matter. Those lessons have shaped not only how I run, but how I face challenges in life. You’ve guided me through injuries, doubts, and milestones with insight and care,

always reminding me to trust the process.”

Grace Pisarczyk picked physics teacher Christopher Maloney-Perez to be her speaker. Grace said, “You recognized my potential before I did, and every challenge you gave me was a step toward unlocking it, helping me grow and bringing out the best in me. Thank you for believing in me and providing me unparalleled support and encouragement. Let alone, being extremely cool, chill and down to Earth.”

Saideep Jagan picked his computer teacher, Mr. Froncki, to speak for him. Saideep said, “Whenever I had a question, you always had an answer. Even if you did not know an answer to a question, you would make sure to help me find an answer. Thanks to you, I was able to think critically, be curious, and keep striving for improvement in computer programming. Thank you for believing in me and being such a positive force in my education. Your lessons and way of thinking will not go unnoticed. I will make sure the impact you have made will stay far beyond the classroom.”

Last but not least, Cade Waterman picked his AP English Teacher, Mrs. Brockmyre. Cade said: “I truly love writing as a means to express my ideas, but I can struggle with the motivation to write when I am not given a reason to do it—so thank you for giving me so many opportunities to do so and thank you for helping me come away with results that I am so proud of and more eager to share with others than I would have thought.”



*Mr. Casto gifts Samantha Bender Lessons in Chemistry for her exemplary work in his AP Chemistry class!*



# LOOK AT THOSE BRAINS!

## Top 10 Banquet



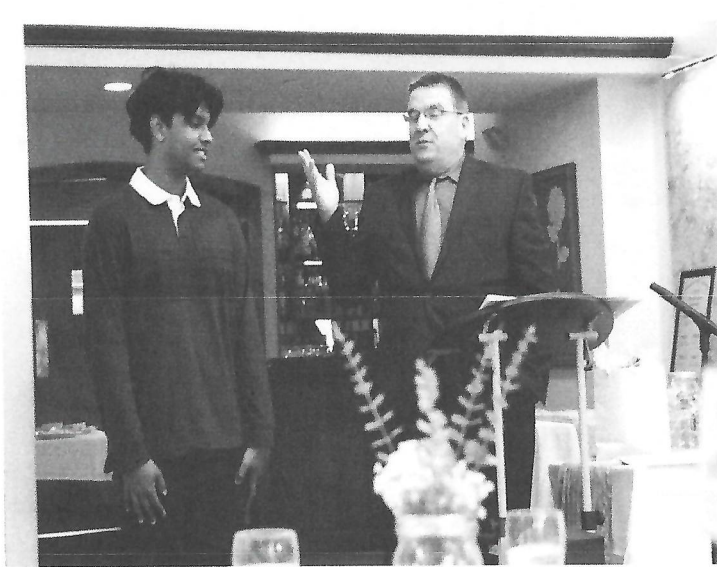
*Mrs. Brockmyre speaks of Cade Waterman's love for debate in AP Lit!*



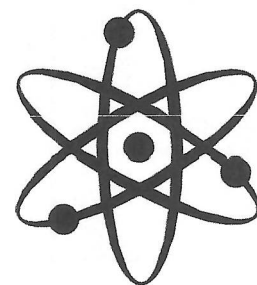
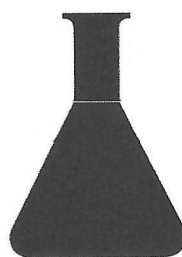
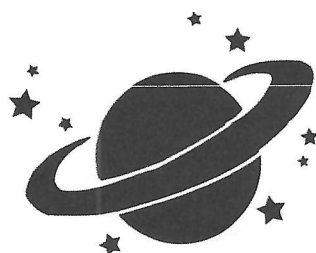
*Mrs. Johnston gives Addy Upson an ice cream machine and all the fixings!*



*Grace Pisarczyk is all set to be "The Hawk" due to Mr. Maloney-Perez's recommendation letter.*



*Mr. Froncki prints out all of Saideep Vaduka Jagan's code out!*





# WHAT'S UP FOR NEXT YEAR

## SENIOR PLANS

**John Adams** will be attending UMass Lowell to study Business.

**Noah Aspeslagh** will be attending Pratt Institute to study Fashion Design

**Sabrina Aylward** will be attending Saint John's University to study Political Science

**Makenzie Beane** will be attending Endicott College to study Computer Science

**Annah Belisle** will be attending Fairfield University to study Nursing

**Samantha Bender** will be attending Hamilton College majoring in Environmental Studies

**Soleil Bennett** will be attending Lesley University to study Art Therapy

**Jordan Bennett** will be attending Northern Essex CC to study Dental or Business

**Naylani Beslagic** will be attending Northern Essex CC to study nursing

**Jared Black** will be attending Providence College to major in History

**Mary Blankenau** will be attending Northern Essex CC to study American Sign Language

**Dashiell Bogart** will be attending UColorado Boulder to study Mechanical Engineering

**Sadie Bolth** will be attending UMass Amherst to study Hospitality and tourism management

**Logan Bowser** will be entering the Army

**Ginger Brisson** will be attending UMass Lowell to study Biomedical science

**Sienna Brunelle** will be attending Northern Essex CC

**Shaelyn Clark** will be attending Northern Essex CC to study Nursing

**Samya Clark** will be attending University of Delaware to major in Health

**Ava Connolly** will be attending Northern Essex CC to study Nursing

**Lillian Cook** will be working in the AC3 Program

**Ava Cooper** will be attending Rivier University to study nursing Nursing

**Daniel Couto** will be attending Northern Essex CC

**Evan Curley** will be working.

**Alexander Currie** will be attending Salem State

University to study History

**Jocelyn Daigle** will be attending UMass Amherst to study Biochemistry

**Mia DeLuca** will be attending Quinnipiac University to study Nursing

**Kylie Desmond** will be attending UMass Amherst to major in Secondary Education

**Daniel DiCarlo** will be attending Northern Essex CC to major in Business

**Alexandra Donnell** will be attending Suffolk University to study Political Science

**Brandon Donovan** will be Working

**Alexis Donovan** will be working.

**Ty Dore** will be attending UMass Amherst to study Sustainable Community Development

**Casey Eckelkamp** will be attending UMass Amherst to major in Food Science

**Ruby Edmond** will be attending UNC at Charlotte to study Nursing

**Gabriella Entrican** will be attending Culinary Institute of America to study Baking and Pastry and Food

Business Management

**Jaden Faria** will be attending UMass Boston to study Psychology

**James Fraize** will be attending Northern Essex CC to study Teaching

**Hailey Gillis** will be attending North Shore CC to study Animal Science

**Jackson Gordon** will be attending UNH to study Marketing

**Grady Hagan** will be attending UNH Sports Management

**Avari Henson** will be attending UMass Lowell to study Elementary Education

**Katherine Ishihara** will be attending UNE to study Nursing

**Anthony Kennedy** will be working in the AC3 program

**Brady Lang** will be working in the AC3 program.

**Alexis LeBlanc** will be attending Massachusetts Maritime Academy to major in Marine Science and Safety

**Yasmin Lopes** will be working.



# WHAT'S UP FOR NEXT YEAR

## SENIOR PLANS

**Julia Losee** will be attending University of Kentucky to study Animal Science.

**Kamryn MacIntire** will be attending UNH to study Sports Management and Leadership.

**Sarah Mackie** will be attending Endicott College to study Interior Architecture.

**Haley Manbodh** will be attending Northern Essex CC to study Early Education

**John Mancini** will be attending Northern Essex CC to study Pre-Law.

**Ellianna Marden** will be attending Florida Gulf Coast University to study Business.

**Colton McCarthy** will be attending Merrimack College to study Criminal Justice/Criminology.

**Tyler McPherson** will be attending Endicott College to study Computer Science.

**Thomas Miller** will be attending Northern Essex CC to study Art and Design

**Stella Mitchell** will be attending Roanoke College to study Health and Exercise Science

**Aurora Montello** will be attending Northern Essex CC to learn to be a Medical assistant

**Nadia Morel** will be attending Quinnipiac University to study Nursing

**Ashley Morse** will be attending Northern Essex CC to study Nursing

**Alice Moulton** will be attending Smith College to study Computer Science

**Olivia Nash** will be attending UNH to study Exercise Science

**Aiden Neale** will be attending Saint Anselm College to study Political Science

**Kalan Noseworthy** will be attending Endicott College to study Criminal Justice/Homeland Security

**Laura Oliveira** will be attending Salem State University to study nursing

**Jenna Oliver** will be attending UNH to study Psychology

**Angel Orobi** will be attending Northern Essex CC to study Computer Science

**Grace Orobi** will be attending UMass Lowell to study Biomedical science

**Julia Parsons** will be attending Saint Anselm College

to study Nursing

**Aliana Paulino** will be attending Saint Anselm College to study Elementary Education.

**Evelyn Pifalo** will be attending UMass Amherst to study Political Science

**Grace Pisarczyk** will be attending Saint Joseph's University.

**Gabriel Potter** will be working in the AC3 Program.

**Sophia Rodriguez** will be attending Lowell Hairstyling Academy to learn Cosmetology and Barbering

**Jordan Roig** will be attending Whittier Trade Program

**Veronika Ruzkova** will be attending Berklee College of Music

**Piper Sanford** will be attending Pace University to study Modern language and culture.

**Noah Shoukimas** will be attending UNH

**Jonah Tarbell** will be attending UMass Lowell General Physics.

**Mairead Tetreault** will be attending UMass Lowell Biomedical Sciences and Psychology.

**Mia Tonani** will be attending Northern Essex CC

**Brianna Traversy** will be attending Fitchburg State University to study Nursing

**Adelyn Upson** will be attending Fairfield University to major in Biology

**Saideep Vaduka Jagan** will be attending UMass Amherst to study Computer Science.

**Nolan Vient** will be working.

**Cade Waterman** will be attending UMass Amherst to study Biology

**Kaia Weiker** will be working in the AC3 program.=

**Max White** will be attending UMass Boston to study Business Management

**Lindsey Williamson** will be attending Rutgers University - New Brunswick to study Business

**Ashley Wilson** will be attending Northern Essex CC to study Criminal Justice

**Olivia Woodsom** will be attending the University of Delaware to study English and Public Policy.

**Anya Zagler** will be attending Northern Essex CC to study a medical field.

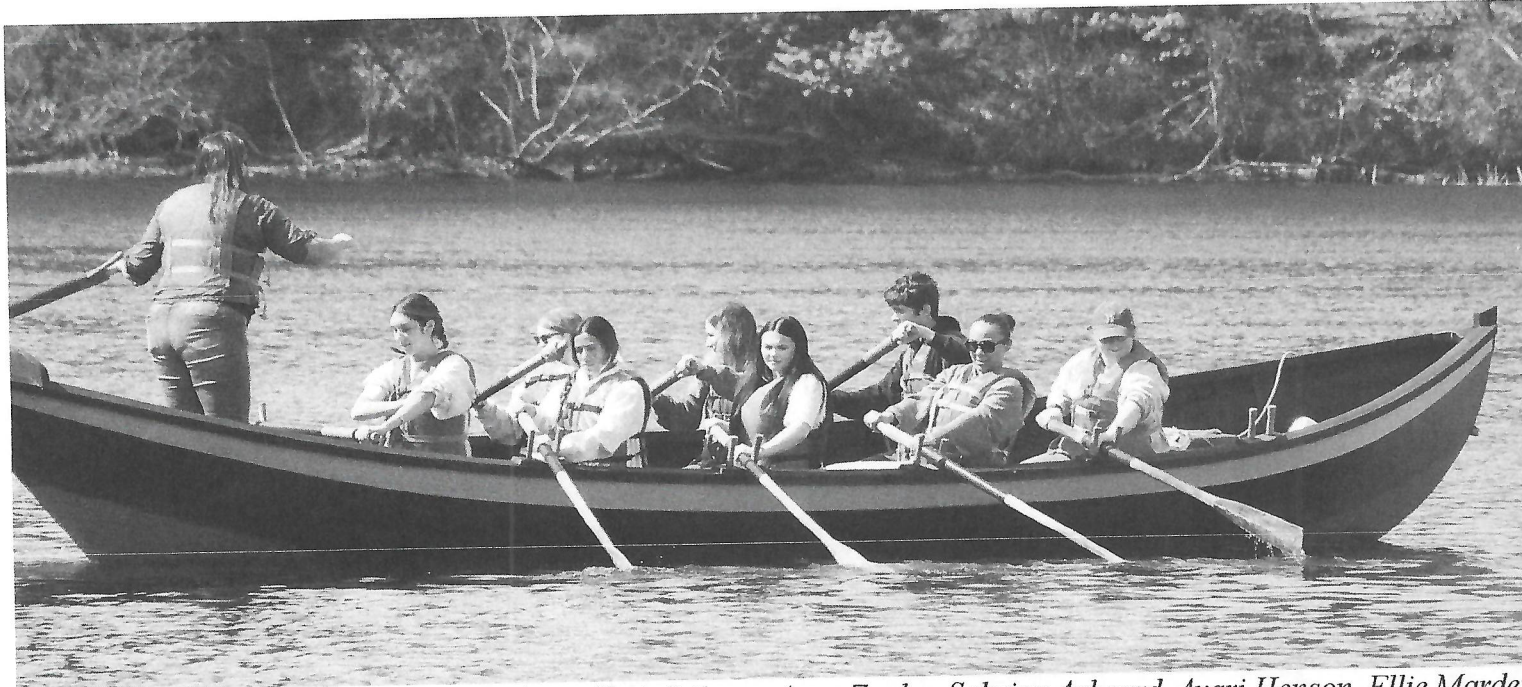


# BOAT SHOP IS BACK

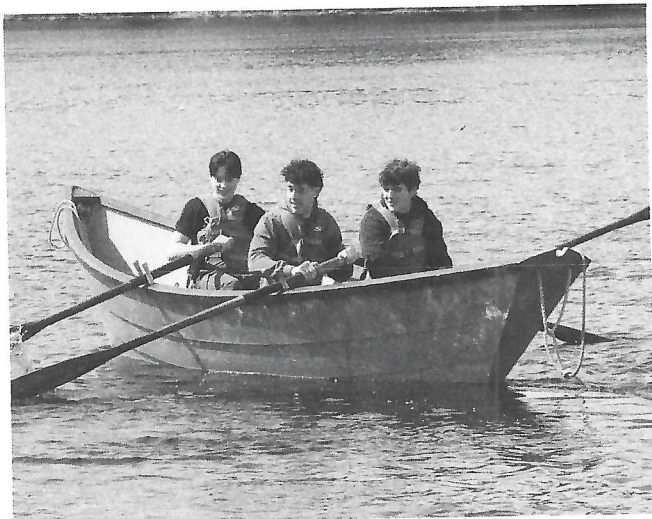
## Math on the River

Ms. Regis’s Math on the River program is back for three sessions this spring for three sessions. Last week her CP Senior Math class went to Lowell’s Boat shop for a lesson rowing and measuring with

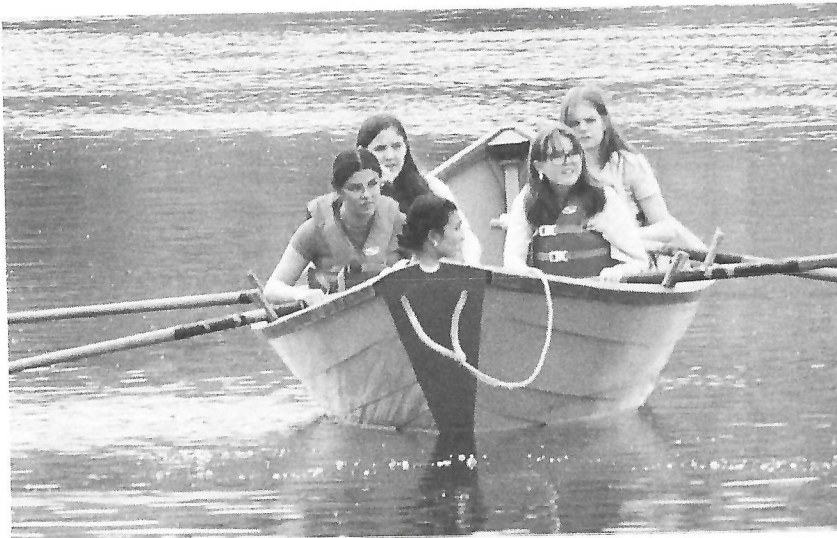
sextants. This program has received numerous grants and has been going since 2012. It is unique to Amesbury, just as Lowell’s is the oldest continuously operating boat shop in the country.



*Ms. Regis acts as cockwain for Mia Deluca, Katie Isihara, Anya Zagler, Sabrina Aylward, Avari Henson, Ellie Marde, Alex Currie, and Gabby Entrican row.*



*Colton McCarthy, Kaue de Almeida, and John Adams row.*



*CeCe Brunelle is the captain, while Angle Orobi, Makenzie Bea, Evie Pifalo, and Veronika Ruzkova do the work.*

Continued on next page



# DON'T ROW IN CIRCLES

Math on the River (continued)



*Heather Wetherell, Ginger Brisson, Laura Oliveira , and Piper Sanford row slowly across the Merrimack.*



*Nolan Vient helps Ms. Regis load the equipment.*



# KYLIE DESMOND

## Editor in Chief Senior Profile

By Alice Moulton

Kylie, sometimes called Helen or Big D, would say the most unique thing about her is her cute cat Poe. Some of her greatest accomplishments include being the NHS vice president and the editor in chief of AHS Weekly! If she were to use one word to describe herself, she would say she is awesome!

In school, Kylie has participated in NHS, newspaper, class office, cheerleading, soccer, and band. Her favorite teacher is Ms. Santasuosso because she is the goat! Kylie's favorite class was APUSH with Dr. Walsh, and her favorite year in high school was senior year. Overall, her favorite part of high school was color day!

Outside of school, Kylie plays flute, babysits, and works at the Boys and Girls Club in Salisbury. She also enjoys reading, journaling, listening to music, and collecting stickers.

Her favorite video game is *Breath of the Wild*, and she enjoys listening to

Kylie's most embarrassing moment was falling into a wall in Mrs. Daileanes' class freshman year. Yikes! When no one is looking, Kylie likes to rub her feet together with socks on. Her greatest pet peeve is Aiden Neale. Poor Aiden...

In the future, Kylie plans on going to college and becoming a teacher with a brown cat named Kevin. Meow! In ten years, she plans on being married with two kids, two cats, and a dog. Her final advice to the seniors is to make smart choices. We hope Kylie always follows her own advice, and that her life post-AHS is amazing, and that she knows

the Foo Fighters. If she were granted three wishes, she would want a bunny with floppy ears, one million bucks, AHS Weekly will miss her lots!





# SOPHIA RODRIGUEZ

## Editor in Chief Senior Profile

By Alice Moulton

Sophia, or Soph to some, would say the most unique thing about her is her clothes. In school, Sophia is one of the Editors in Chief of AHS Weekly! Her favorite teacher is Leary, and her favorite class is Pyschology because the subject was intresting and no other reason. Her favorite year of high school was senior year, and her favorite parts of high school were newspaper club and prom.

Outside of school, Sophia liked playing video games and listening to music. Some of her favorite things are strawberry shortcake (the food), playing Fortnite, and w a t c h i n g *Invincible*. if a genie were to grant her three wishes, she would want lots of money, for it to be fall year round, and to see any concert she wants.

Sophia’s greatest hero is her hamster Toots (RIP) because she was the best. Along with her hamster, Sophia also

Sophia’s most embarrassing moment was tripping in the mall one time. Yeoowch! If Sophia could change anything about her life, she would want more money. Don’t we all... She also wishes everyone who calls people ‘delusional’ w o u l d disappear...

W h e n Sophia was a youngster, she wanted to be a vet because she loved animals. S h e a l s o wanted to be a wolf tamer... that is a cool job...Now, she is planning on becoming a cosmetologist. In ten years, she is hopefully cutting hair. her final advice is to party all day, every day! We hope Sophia has lots of fun after high school, and that she knows the AHS Weekly will miss her sc



Out of everyone in the world, loves Spongebob! On a different note, much!



# Alice Moulton

## Senior Profile

By Alice Moulton

Alice would say the most unique thing about her is the fact she plays bass. On that topic, one of her greatest accomplishments was learning the "Sir Duke" bassline...Jeez! If she could describe herself in one word, she would say she is peculiar, as she is a bit strange...

In school, Alice is an EIC in newspaper, in NHS, and Science National Honors Society. Her favorite class was AP Bio, and her favorite part of high school was the fetal pig dissection in AP Bio. Some fellow students Alice enjoys are Noah Aspeslagh, Sophia Rodriguez, and Ty Dore. You guys are awesome!

Outside of school, Alice works at the Amesbury Public Library and is in a band! She enjoys playing bass, drawing, coding (her SpaceHey profile is CRAZY), and playing lots and lots of video games. Her favorite food is Pad

Thai, the *Pokemon* and *Persona* series, and listening to Jamiroquai. If she were granted three wishes, she would want the coolest hair in the

world, 1 more hour in the day, and lots of money. Cha-ching!

If they made a movie about her life, she would be played by

no one is looking, Alice will be doodling on her paper.

Alice's biggest pet peeve is the sound of people mowing their lawn. It's very loud. On a different note, the most attractive person to Alice is Junkrat from *Overwatch*, you guys just don't get it. If Alice had a superpower, she would want a cool robot arm with no actual function other than to look sick.

When Alice was a child, she wanted to be a vet even though she is allergic to cats and dogs. Now, she plans on going to Smith College for computer science. In ten years, she hopes to be a marine scientist. Alice's final advice to the seniors is to smile more, please. Smiling is good :). We hope Alice is always

smiling, and that she knows the AHS Weekly will miss her very much!



Michael Cera. Her most embarrassing moment is...she creates a new one every day! Her oddest habit is swinging her legs around a lot. When



# BOYS TRACK WINS CAL AGAIN

## Track

Even before this week's track meet against Hamilton-Wenham, the boys track team had it all locked up with a victory over Lynnfield last Wednesday. The Amesbury Boys Track Team defended their Cape Ann League Baker Division title for the 5th year in a row by defeating Lynnfield 81 to 64.

Picking up first place finishes were Lincoln Kime low hurdles 64.9sec. and high hurdles 19.4sec, Dane Hall pole vault 9', Marcus Colon discus 128'6", Harrison Sullivan mile 5:11.4, Brody Hall 800m 2:17.1, Josiah two mile 11:11.1, and the mile relay team of Lincoln Kime, Kawusu Jalloh, Trey Sullivan and Justin Dube 3:51.9sec. It was nice to see the boys defend the Baker Division this year after losing a lot of high end athletes from last year's team. A lot of the younger athletes are stepping up and really starting to contribute.

The Amesbury girls improved to 2-1 on the season defeating Lynnfield 92.5 to 52.5. Picking up first place finishes were Lindsey Williamson low hurdles 70.7 sec, triple jump 33'7", and high hurdles 16.7 sec, Katie Ishihara 400m 62.6sec, and 200m 27.7 sec, Julia Losee shot put 27'2", and discus 85'6", Violet Davis mile 5:34, and 800m 2:35.4, Katherine Bigos high jump 4'8", Sadie Bolth javelin 90'1", Kaia Bartosik 100m 13.3 sec, and the 4 x100m relay team of Kaia Bartosik, Ruby Edmond, Lexi Desmond and Lauren Talbot 54.5 sec. The girls had a strong meet and should continue to improve as the season goes on.

Results if this week's meet against Hamilton-Wenham, which was dominated by Amesbury, will be in next week's issue

### Boys vs Lynnfield (Win 81-64)

**400 Hurdles** - 1st Place - Lincoln Kime, 2nd Place - Joe Puleo  
**Mile** - 1st Place - Harrison Sullivan, 2nd Place - Brodie Hall, 3rd Place - Josiah Fugate  
**110 Hurdles** - 1st Place - Lincoln Kime, 3rd Place - Nolan Swirka  
**800** - 1st Place - Brodie Hall, 2nd Place - Josiah Fugate, 3rd Place - Dane Hall  
**400** - 2nd Place - Kawusu Jalloh, 3rd Place - Justin Dube  
**2 Mile** - 1st Place - Josiah Fugate, 2nd Place - Ty Giangregorio, 3rd Place - Brodie Hall  
**200** - 3rd Place - Joe Puleo  
**Shot Put** - 2nd Place - Marcus Colon, 3rd Place - Dylan Palen  
**Discus** - 1st Place - Marcus Colon, 2nd Place - Lucas Ferreira, 3rd Place - Stacy Peck  
**Javelin** - 3rd Place - Sam Tavares  
**Long Jump** - 2nd Place - Justin Dube, 3rd Place - Kawusu Jalloh  
**Triple Jump** - 2nd Place - Gino DiLorenzo, 3rd Place - Jayden Davis  
**High Jump** - 2nd Place - Gino DiLorenzo  
**Pole Vault** - 1st Place - Dane Hall  
**4x400** - 1st Place - Lincoln Kime, Justin Dube, Trey Sullivan, Kawusu Jalloh

### Track Results 5/7/25

### Girls vs Lynnfield (Win 92.5-52.5)

**400 Hurdles** - 1st Place - Lindsey Williamson, 2nd Place - Lexi Desmond  
**1 Mile** - 1st Place - Violet Davis, 3rd Place - Kylee Houle  
**100 Hurdles** - 1st Place - Lindsey Williamson  
**100** - 1st Place - Kaia Bartosik, 2nd Place - Katie Ishihara, 3rd Place - Lauren Talbot  
**800** - 1st Place - Violet Davis, 2nd Place - Julia Parsons  
**400** - 1st Place - Katie Ishihara, 3rd Place - Della Hildt  
**4x100** - 1st Place - Kaia Bartosik, Ruby Edmond, Lexi Desmond, Lauren Talbot  
**2 Mile** - 2nd Place - Gemma Peacock, 3rd Place - Cali Reardon  
**200** - 1st Place - Katie Ishihara, 2nd Place - Kaia Bartosik, 3rd Place - Lauren Talbot  
**Shot Put** - 1st Place - Julia Losee, 3rd Place - Eliza Froncki  
**Discus** - 1st Place - Julia Losee, 3rd Place - Sadie Bolth  
**Javelin** - 1st Place - Sadie Bolth, 3rd Place - Maddie Clark  
**Long Jump** - 3rd Place - Caroline Berg  
**Triple Jump** - 1st Place - Lindsey Williamson, 3rd Place - Della Hildt  
**High Jump** - 1st Place - Caroline Berg, 2nd Place - Katie Bigos

*Note: The photos on the following pages are from the Henry Sheldon invitational meet held this past Saturday at Triton.*



# CONGRATS TO THE SENIORS



*Julia Losee poses with Coaches B and Walton.*



*Katie Isihara poses with Coaches B and Walton.*



*Lindsey Williamson poses with Coaches B and Walton.*



*Ruby Edmond poses with Coaches B and Walton.*



*Sadie Bolth poses with Coaches B and Walton.*



*Ty Dore poses with Coaches B and Walton.*

**Continued on next page**

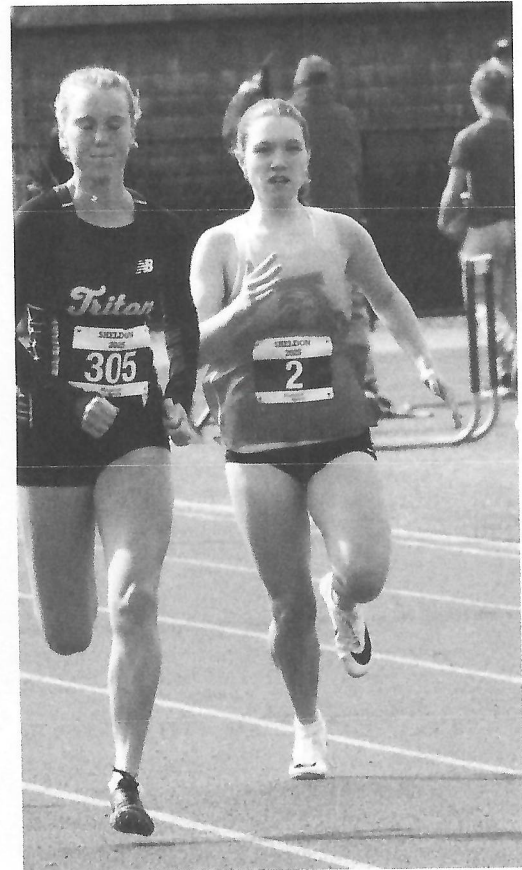


# WE LOVE TRACK

## Track



*Julia Losee puts the shot!*



*Kaia Bartosik keeps the pace.*



*Lindsey Williamson stars in the hurdles.*



*Lexi Desmond flies over the hurdles*

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# COACH B DOES IT AGAIN

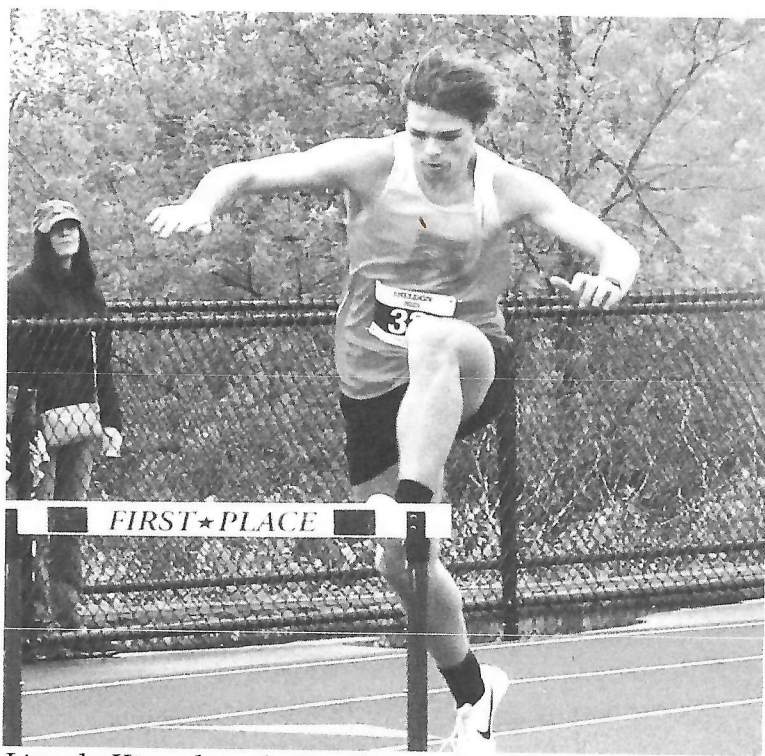
## Track



*Nolan Sesto flies over the hurdles.*



*Dylan Palen stars in the shot put.*



*Lincoln Kime does the hurdles.*



*Sadie Bolth runs the relay!*



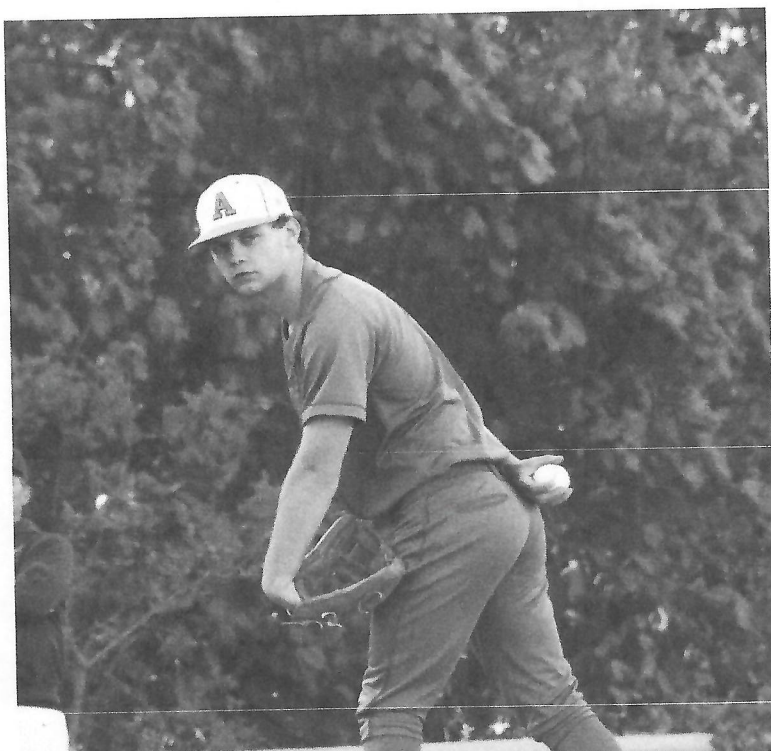
# HIT THAT BALL BOY!

## Baseball

Since it rains constantly, the only recent game for the baseball team was this past Tuesday. This also means all the sports teams are playing nearly every day to make up missed games. The Redwalks faced Newburyport and gave them a run for their money before falling 3-1. The senior being honored, DJ DiCarlo, was the starting pitcher and did a solid job, giving up only 5 hits before being released by Ethan Curby. DiCarlo also got the only two hits for the Redhawks

On Wednesday it was senior day. DJ DiCarlo was the senior being honored. The team played Winthrop in a non-league game and won 3-2. Josh Roberts got the win. Connor Sciandone hit a home run and Roberts helped himself with two hits.

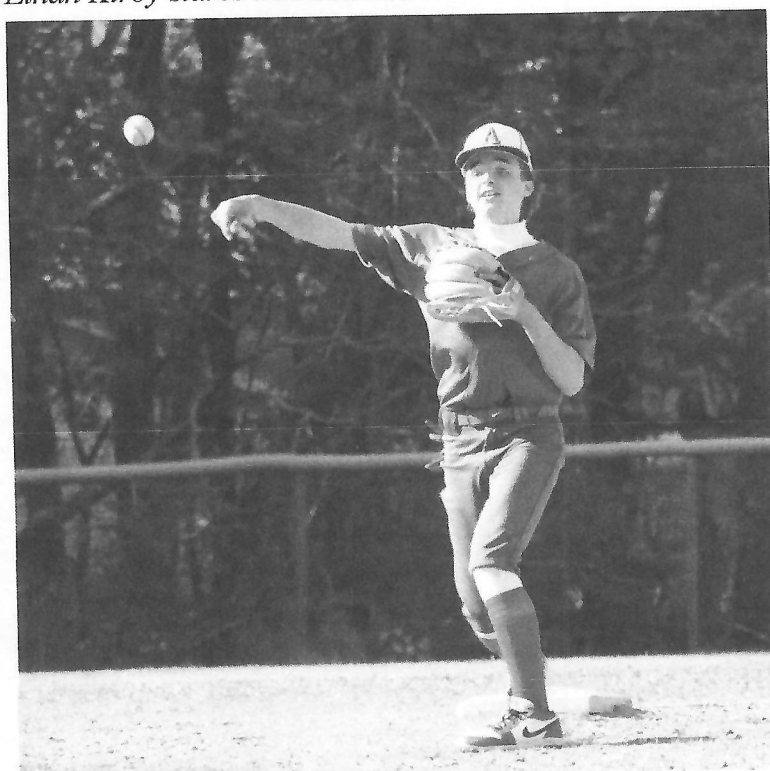
Yesterday they were schedule to play Lynnfield at Lynnfield Friday at Hamilton-Wenham, and Rockport at Rockport Saturday.



*Ethan Kirby stares into oblivion...*



*Joe Celia waiting for the ball.*



*Jacob Noyes throws a pitch.*

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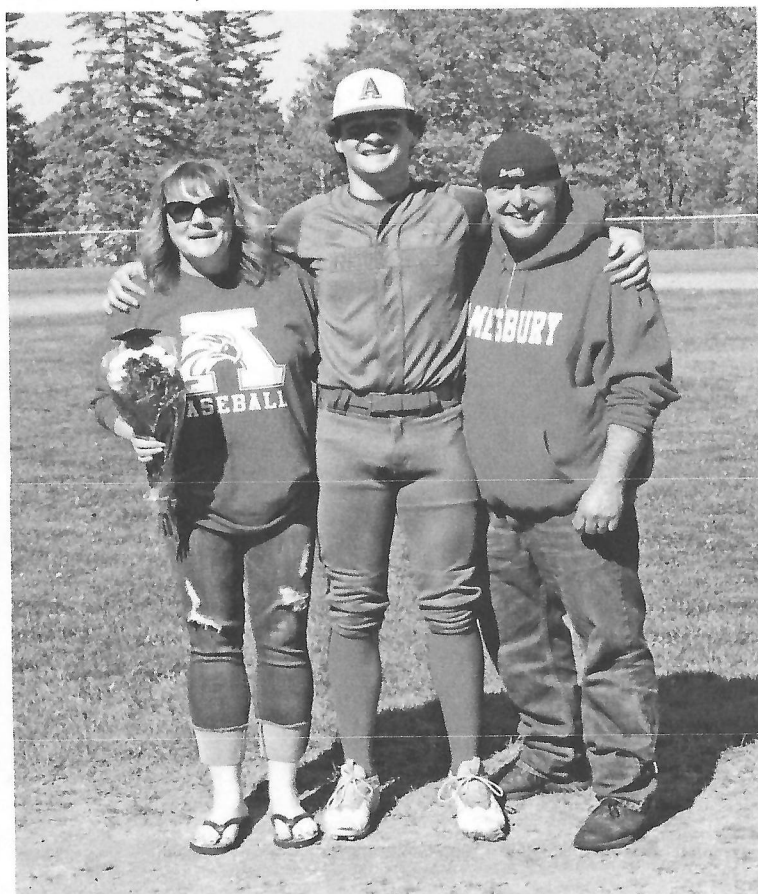


# BYE BYE SENIORS :(

## Baseball (Continued)



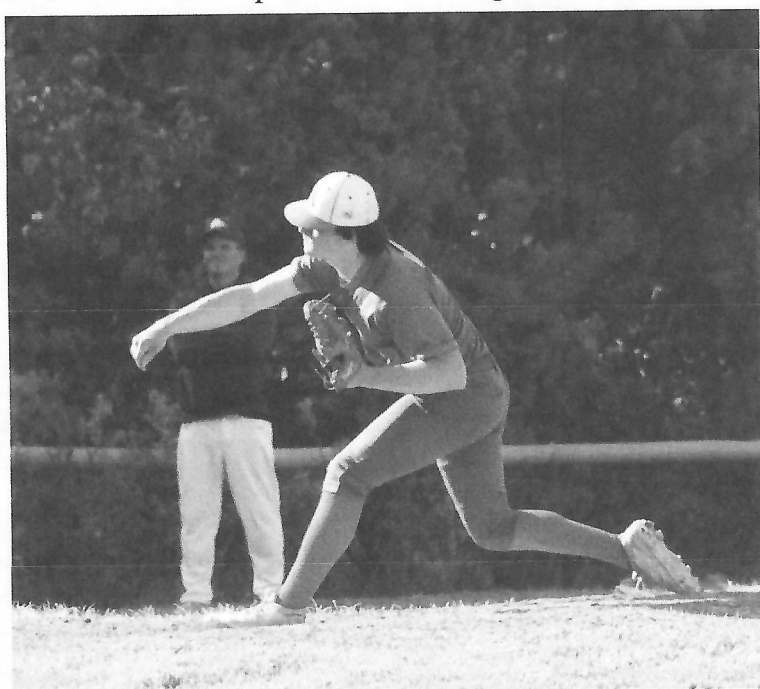
*Logan Genualdo runs the bases!*



*DJ Dicarlo and his parents celebrating senior night!*



*Connor Scialdone is ready to swing.*



*DJ Dicarlo throws the pitch at his final game at AHS.*

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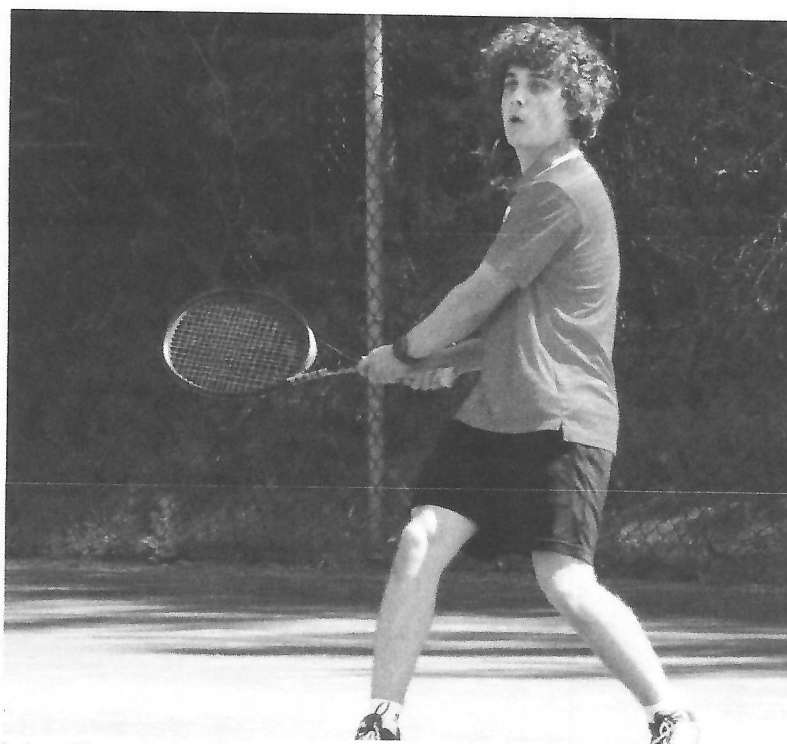


# VALIANT BATTLES

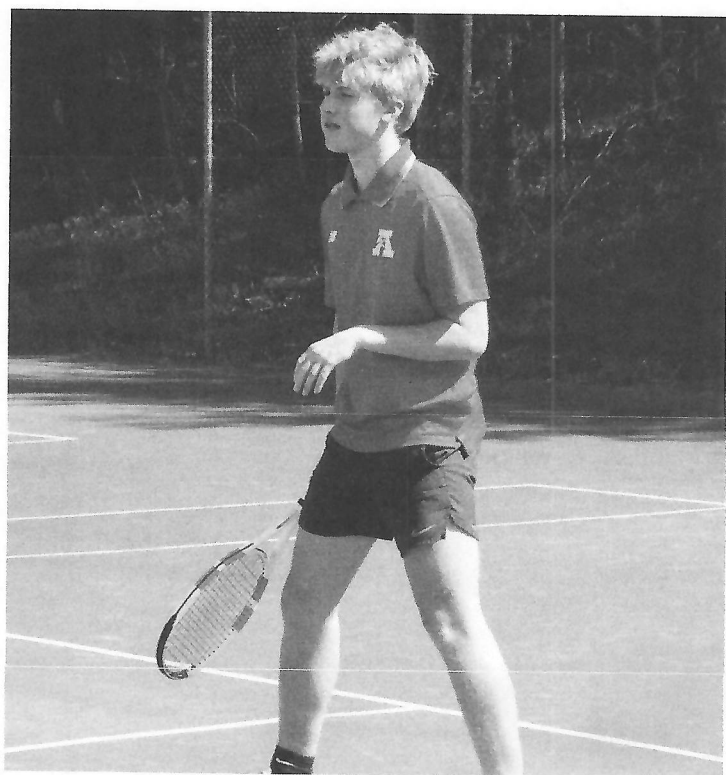
## Boys' Tennis

by Andrew Roberts

After the success of a couple matches, the team fought hard but lost in a few later games. In the Thursday match on May 8th versus Newburyport, they did not lose by a lot. Third singles player Jared Black did make it to a third set with his opponent, but he ended up being defeated in the end. Both sets for second doubles were close but unsuccessful. Their match versus Lynnefied on Monday was similar, because it was a day that ended up in bitter defeat. However, the second doubles players, Max Kerstein and Julian Sherwood, had another close battle – almost obtaining a third set. They were stopped before reaching that milestone, though. And the Tuesday match against Swampscott was of a similar caliber, where the third singles player managed to get a third set, but couldn't get a win. Hope is not lost, however; because there are a couple games remaining in the season, they hope the future matches will turn out entirely different.



*Max Kerstein swings with both hands.*



*Julian Sherwood readies his stance.*



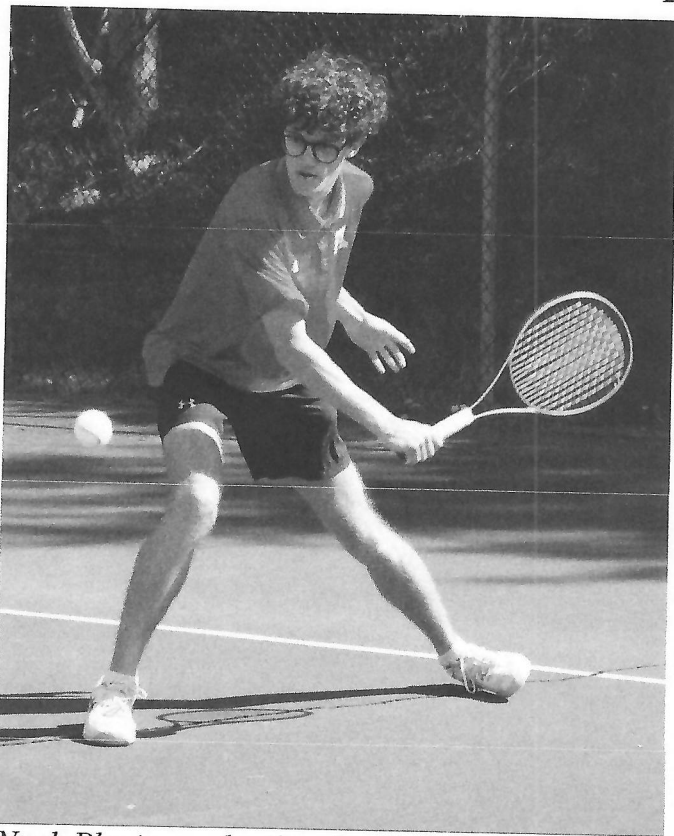
*Andrew Roberts receives the ball.*

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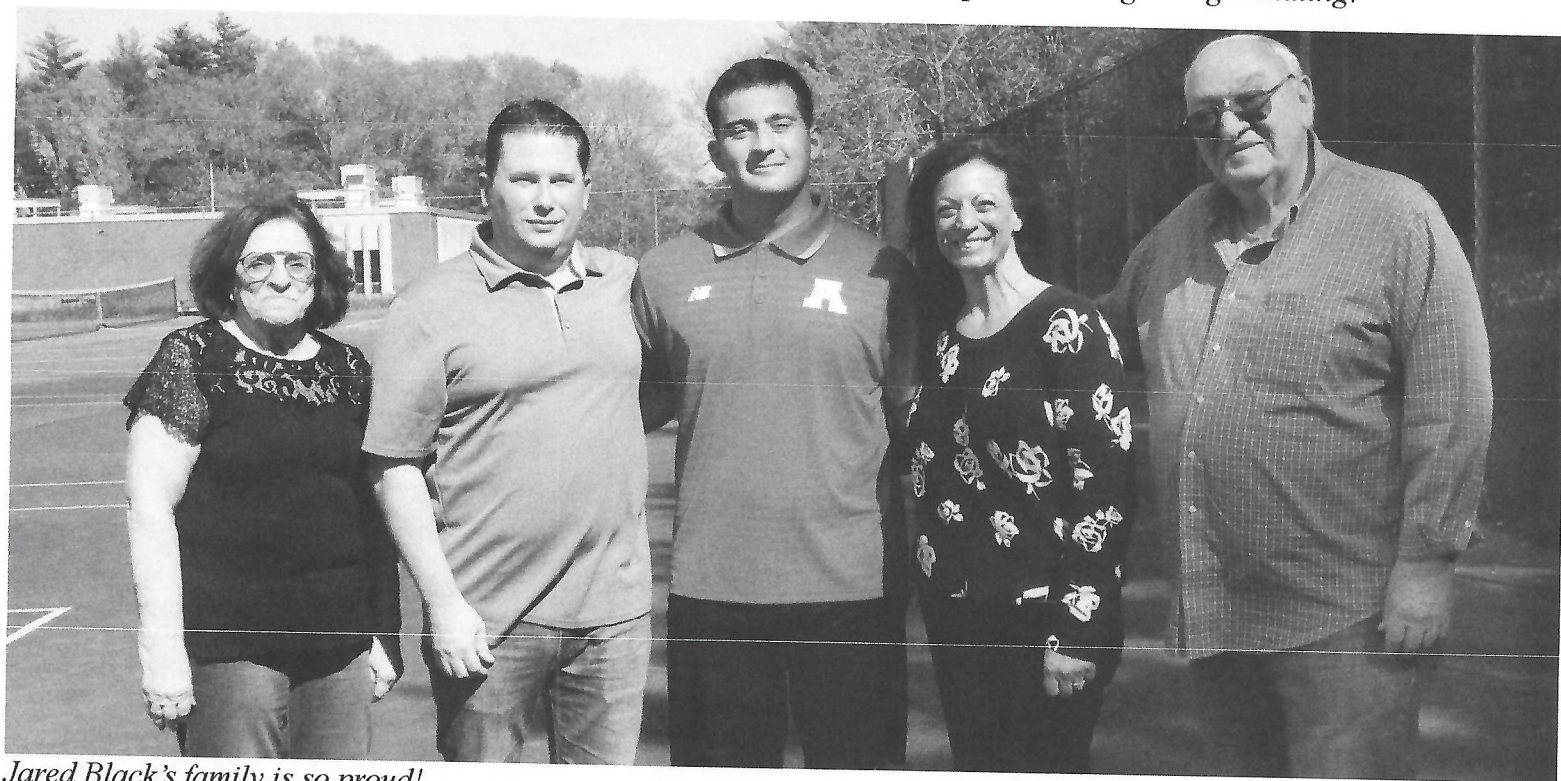
# I LOVE BAGELS

## Boys' Tennis



*Noah Blouin reaches low for the ball.*

*Saideep Vaduka Jagan is graduating!*



*Jared Black's family is so proud!*

Continued on next page

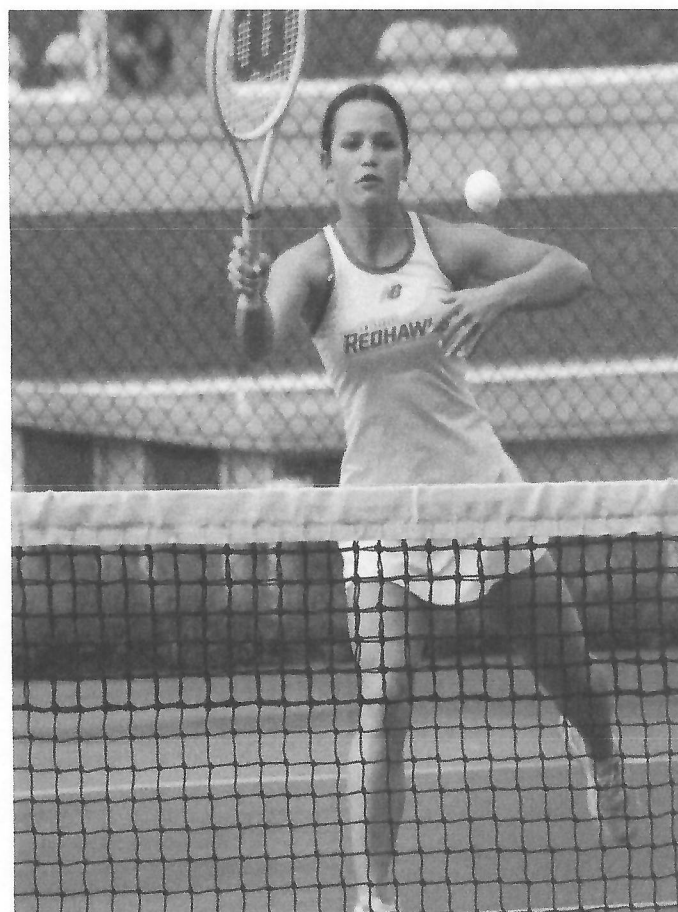


# A ROUGH PATCH

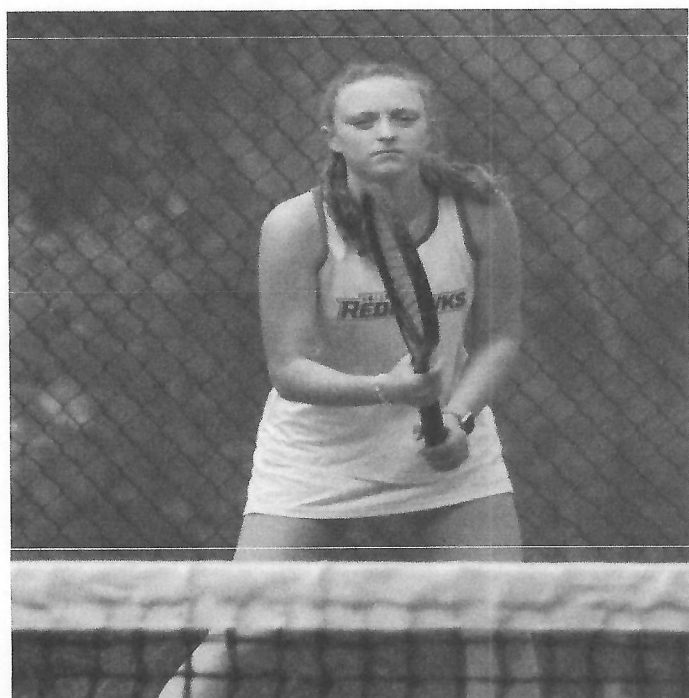
## Girls Tennis

By Tori Woodsom

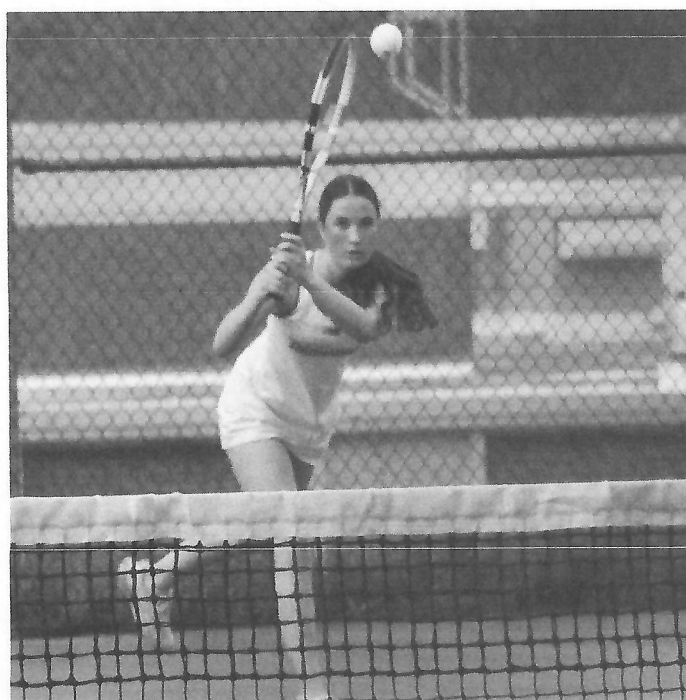
The last two weeks have been rough for girls tennis. Although they did secure a 5-0 win against Rockport. Last Wednesday in a home game against Hamilton Wenham, they lost 0-5. On Thursday the girls had an away game against Newburyport. Junior Katie Welch and senior Addi Upson temporarily traded roster places. Unfortunately it was another 0-5 loss. This past Monday they played at the Lynnfield courts. Because it was senior skip day the lineup was a little messy. First and second singles stayed the same, but third singles was again played by Katie Welch, first doubles was played by Sammy Porter and Liv Thorpe. Second doubles was Bailey Kimbal and Delaney Grimbolice. Again, it was a 0-5 loss. On Tuesday they had an away game in Swampscott and lost 0-5. Even though the last few weeks have been hard the team has a few more games to win.



*Annah Beslie ready to strike!*



*Maeve Synder eying the ball.*



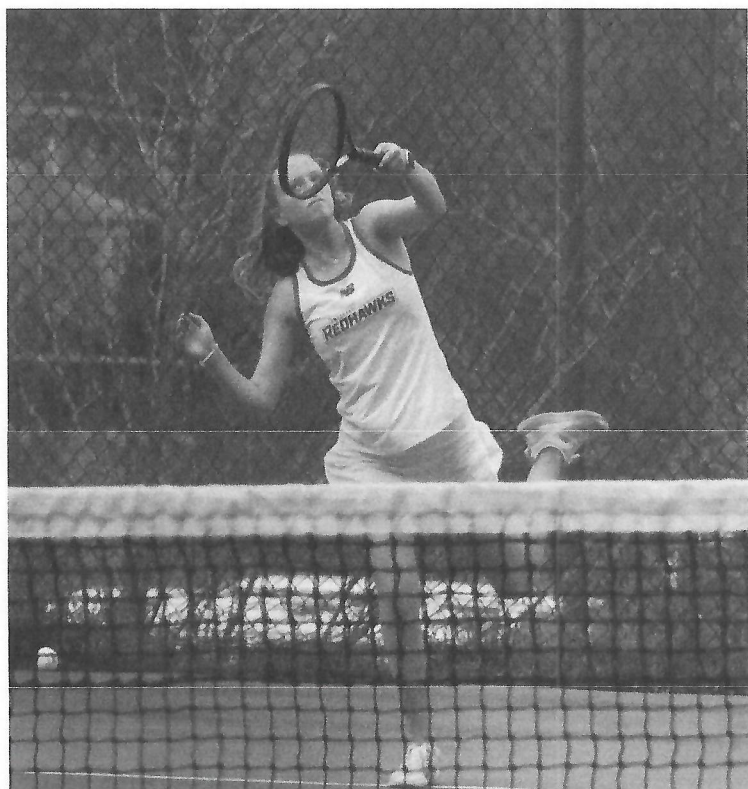
*Katie Welch has perfect form!*

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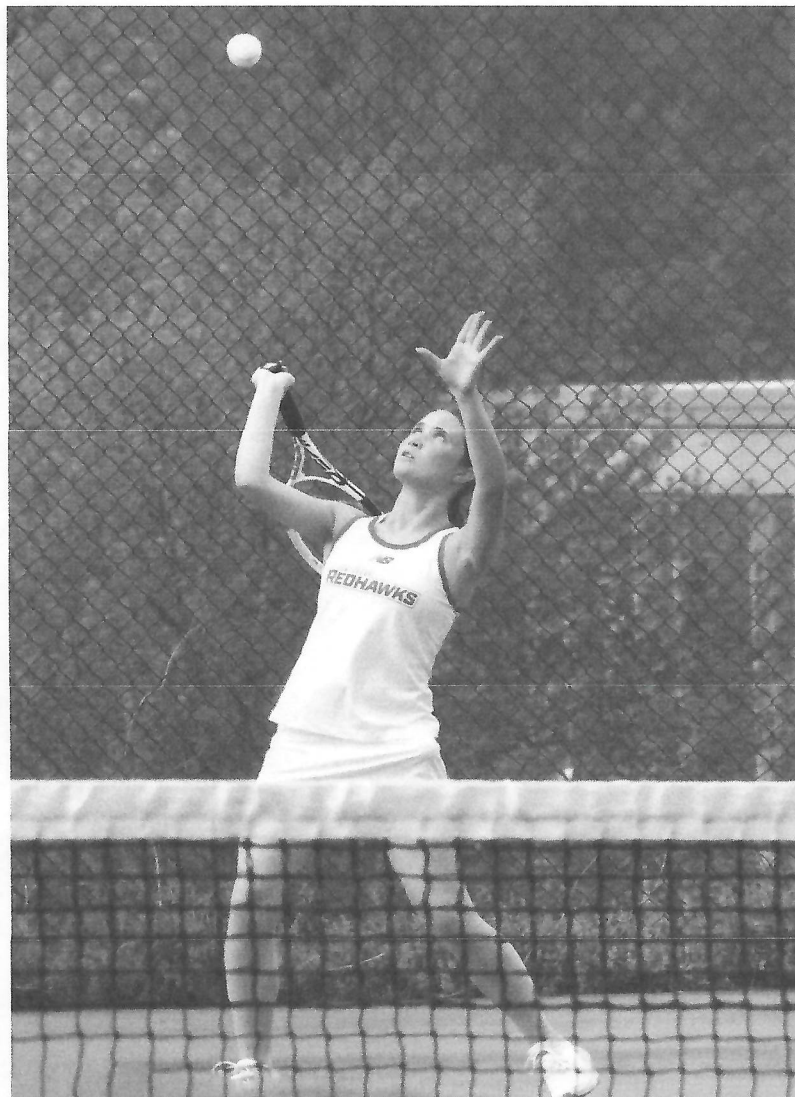


# SERVE THAT BALL!

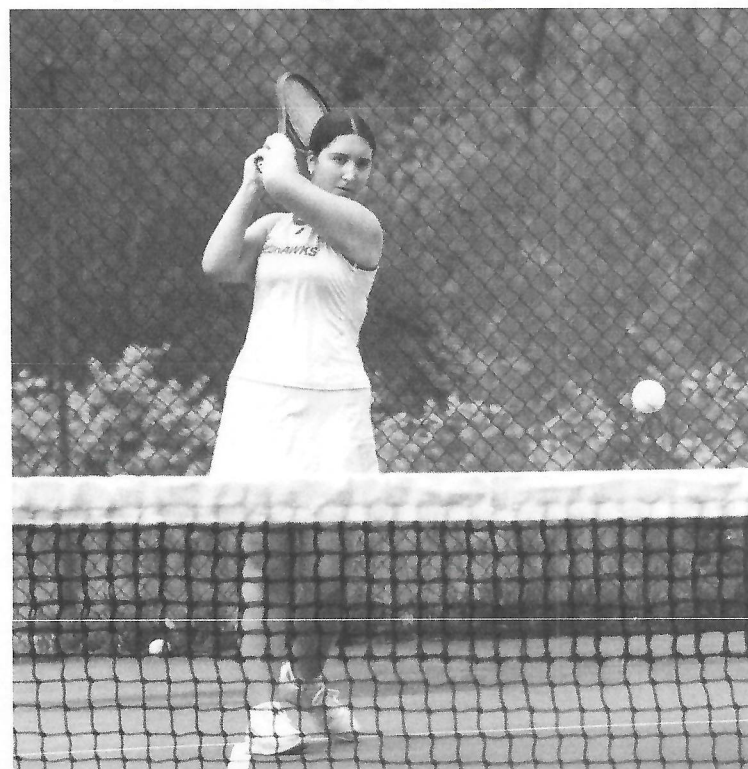
## Girls Tennis



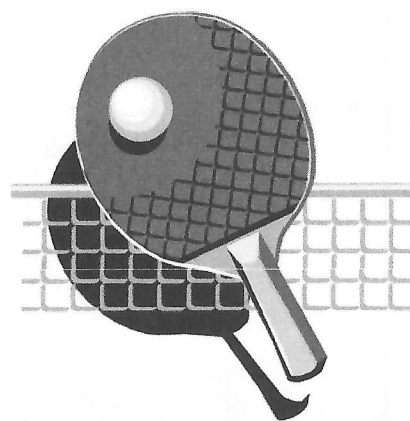
*Maeve Synder recovering after hitting the ball.*



*Katie Welch is about to strike!*



*Kennzie Cameron locked in!*





# REDHAWKS ALMOST WIN

## Softball

By Cailee Leblanc

Softball fought a tough battle but unfortunately lost 7-6 against North Reading on May 7. The bats were on fire with Celia Tavares getting a double but also taking a tumble with Harper Walker. Alex Donell dominated on the mound and stole home. Freshman catcher, Katelyn Cronin, in for the injured Lexi LeBlanc, had two intense throwdowns to 2nd base on steals.

Softball takes home a huge win 15-1 against Ipswich on May 12. The girls had a massive comeback after their unfortunate loss to Manchester Essex on May 8th. Hope Shanahan, as usual, stole several bases. Bats were on fire with Ana Gordon securing several RBI's. Two different Ipswich pitchers gave up a huge number of walks. Finally, to end the game Cailee LeBlanc went in as shortstop in the last inning had all 3 outs; which included a double play to end the game. Alex Donnell got the win.



*Ana Gordon performs a legendary hit!*



*Alex Donnell runs across the field.*



*Charlotte Costigan sprints to the catcher!*

**Continued on next page**



# WOMEN IN STEM

## Softball (Continued)



*Hope Shannahan runs to first base.*



*Katelyn Cronin prepares to catch.*



*Lydia Hunt throws the ball to Alex.*



*Celia Tavares throws to first.*

**Continued on next pag**



# LIKE THE OLD DAYS

## Softball (Continued)



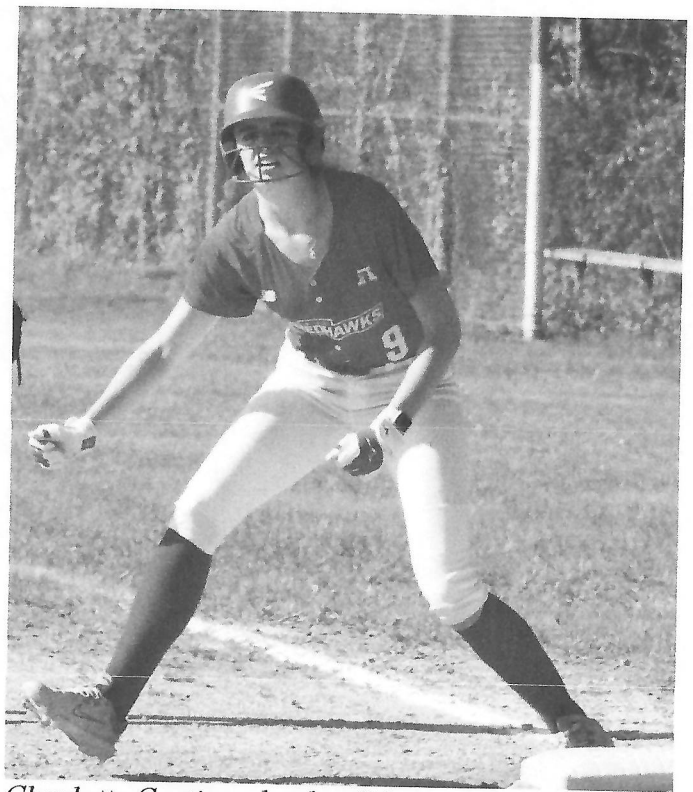
*Addi Cooper on third.*



*Sofia Le takes a swing.*



*Harper Walker comes home.*



*Charlotte Costigan leads off first.*



# WANT TO BE A PAPER EDITOR?

The AHS Weekly is about to pass the torch. If you read this paper, why not get involved in it?

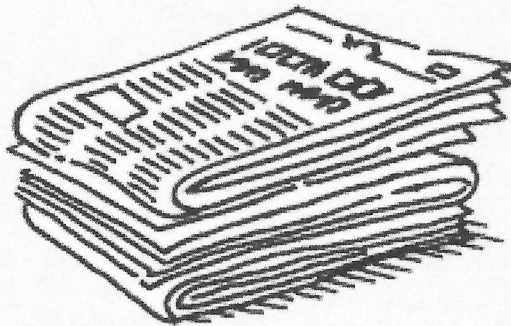
Be part of something which always works - every - single - week.

**Get leadership and community service. Student run! Snacks!**

**Applications are on the bulletin board outside the Mac Lab (241). They are due May 19th. Interviews will be in the publications office on May 20th. If you are already a newspaper editor, you don't need to interview.**

We need:

A proofreader  
Photo Editors  
A sports editor  
Literary Editors (writers)  
Production Editors





# HIT 'EM WITH YOUR BEST SHOT

## Lacrosse

After losing 9 games in a row, the lacrosse team has won 3 of their last 5 games. Traveling to Malden on May 9th, the team won 14-7. Ben Berg had 3 goals while Nicky Crepe, Evan Murphy, and Landon Mthel had two each.

Despite Max White scoring five goals, the Redhawks lost to Pentucket 18-12 at Landry. The team was scheduled to play Hamilton-Wenham yesterday and Gloucester tonight at 6PM at Landry for senior night.



*Ben Berg runs for the ball.*



*Braden DeLisle walks with his stick!*



*Max White is on the offense.*

Continued on next page



# LET'S CELLY!!

## Lacrosse (Continued)



*Ethan Stanton stands crazy style...*



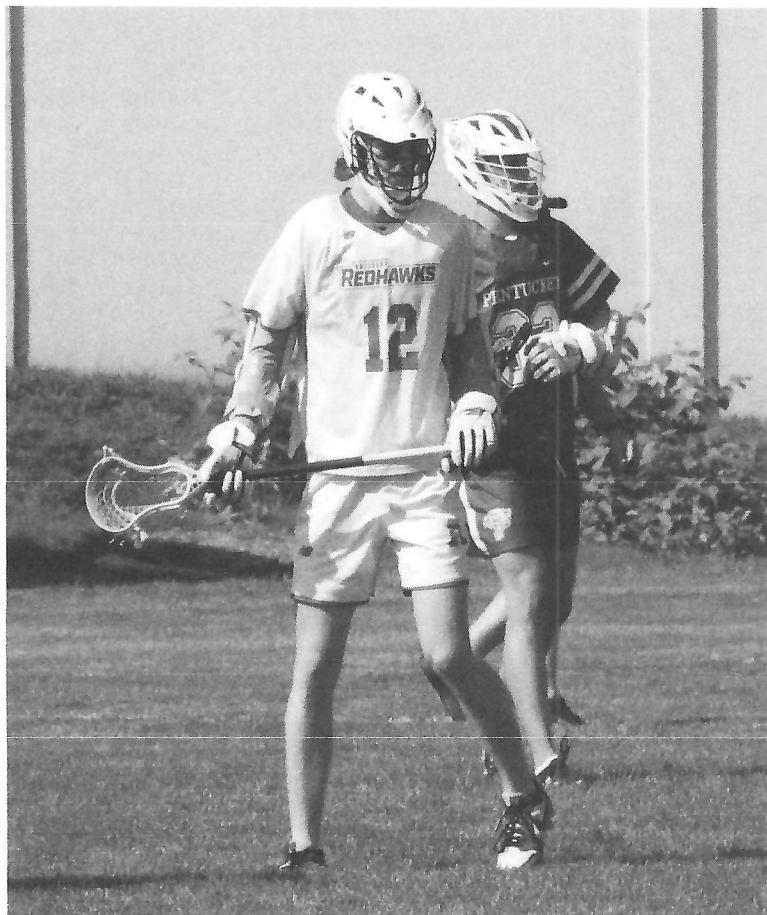
*Landon Mitchell slams his opp.*

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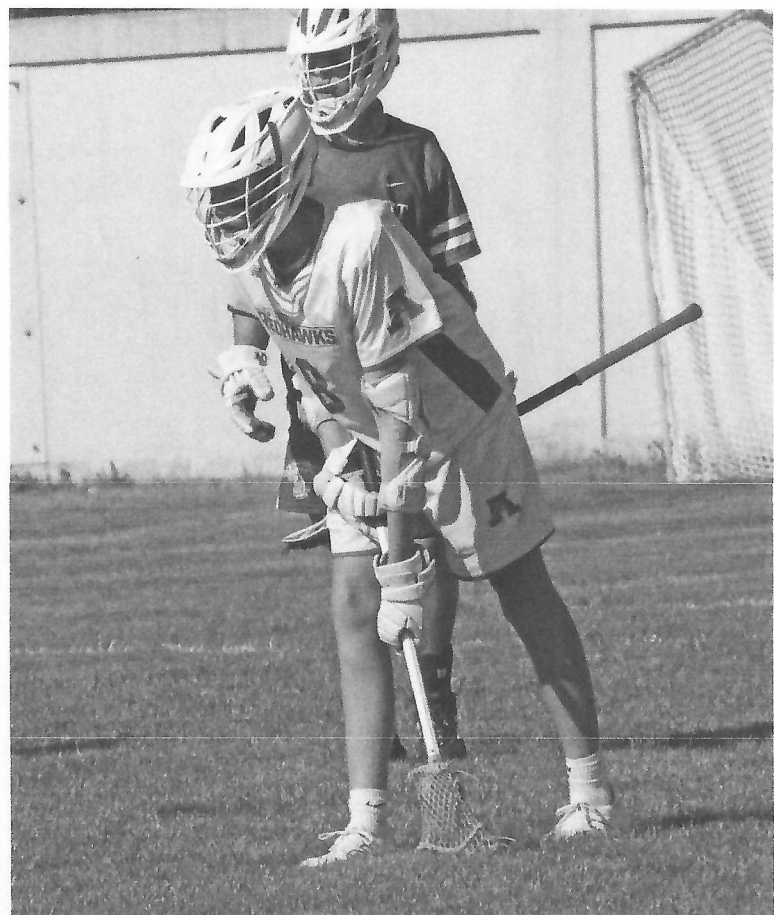


# IT'S A GOAL

## Lacrosse (Continued)



*Evan Murphy is numba one!*



*Nicky Creps stands his ground.*



*Ollie Peters shows the ref whats up.*



*Thomas Mitchell is ready for that ball!*



# OBSERVER



*From left to right: Della Hildt, Gwen Murphy, Maria Barbosa, Maddie Clark, Tori Murphy, Bailey Kimball.*

## STUCO PASSES THE TORCH

Student Council elected new officers on Wednesday night and interestingly, they are all girls! Maddie Clark is the new president, with Maria Barbosa as her vice president. Della Hildt was elected as the recording secretary, Tori Murphy as corresponding secretary, and Bailey Kimball as the treasurer. Lastly, Gwen Murphy was elected as the new member at large the Member at Large.

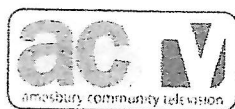
Does it say something about the junior class that all the SAC officers and the yearbook EIC's are also women?

## AP WEEKS END

Two weeks of AP testing ended today with students taking a total of eleven different AP Tests. The largest group was AP Statistics with 16 students. Then came AP Bio with 12 students. Next were English Literature, Art, and Psychology with 11 students taking each test. Physics had 9 students, Chemistry had 8 students, Calculus and AP US History had 7 students and French had 5. It is even possible to take an AP test if there is no AP class at AHS! For example, Olivia Woodsom took the European History test independently without there being a class at AHS.

A total of 98 tests were given with multiple students taking two. Noah Blouin had the most with three tests.





## Amesbury Public Schools Educational Access Channel 8

### Program Schedule Week of May 19, 2025

#### Monday, May 19<sup>th</sup>

4:00pm Amesbury School Committee Meeting -Recorded 5/5/25  
7:00pm Amesbury School Committee Meeting -LIVE  
10:00pm Whittier Tech School Committee Meeting -Recorded 4/9/25  
11:00pm Information Bulletin Board

#### Tuesday, May 20<sup>th</sup>

6:00pm AHS Magazine Show -Show 89 -Guests: AHS Student Council Members  
6:30pm Amesbury Middle School 2025 Spring Chorus Concert -Recorded 5/13/25 (R)  
7:30pm Amesbury High School 2025 AEFI Hall of Honor Assembly -Recorded 5/9/25 (R)  
8:30pm Amesbury Public Schools Public Forum for Dir. of Teaching & Learning Finalists -Recorded 5/15/25  
10:30pm Information Bulletin Board

#### Wednesday, May 21<sup>st</sup>

6:00pm Behind the Brick Wall -Amesbury's Entrepreneurs -Show 10 "Shaheen Brothers & Shea Concrete" (R)  
7:00pm Amesbury Middle School 2025 Spring Band Concert -Recorded 5/14/25  
8:00pm Amesbury High School Class of 2025 Top Ten Percent Dinner -Recorded 5/12/25  
9:30pm Information Bulletin Board

#### Thursday, May 22<sup>nd</sup>

5:00pm Footprints -Amesbury's History from Those Who Have Lived It -Show 4 -Guest: Bill Ryan (R)  
6:00pm Around Amesbury -Show 81 -Topic: Shay Elementary School Construction (R)  
7:00pm Amesbury Educational Foundation 2025 Hall of Honor Induction -Recorded 5/9/25  
9:00pm AHS Magazine Show -Show 89 -Guests: AHS Student Council Members  
9:30pm Information Bulletin Board

#### Friday, May 23<sup>rd</sup>

5:00pm Behind the Brick Wall -Amesbury's Entrepreneurs -Show 10 "Shaheen Brothers & Shea Concrete" (R)  
6:00pm Amesbury Middle School 2025 Spring Band Concert -Recorded 5/14/25 (R)  
7:00pm Amesbury Educational Foundation 2025 Hall of Honor Induction -Recorded 5/9/25 (R)  
8:30pm Amesbury High School Class of 2025 Top Ten Percent Dinner -Recorded 5/12/25 (R)  
10:00pm Information Bulletin Board

#### Saturday, May 24<sup>th</sup>

8:00am Amesbury Educates -Shows From the Archives of this Long Running Series (R)  
9:00am Amesbury School Committee Meeting -Recorded 5/19/25  
12:00pm Around Amesbury -Show 81 -Topic: Shay Elementary School Construction (R)  
1:00pm Footprints -Amesbury's History from Those Who Have Lived It -Show 4 -Guest: Bill Ryan (R)  
2:00pm Information Bulletin Board

#### Sunday, May 25<sup>th</sup>

7:00pm From the Archive:  
Amesbury High School Class of 2006 Top Ten Student Dinner -Recorded 5/22/06  
9:00pm From the Archive:  
Amesbury High School Class of 2008 Top Ten Student Dinner -Recorded 5/19/08  
10:30pm Information Bulletin Board



# Lunch

MAY 2025 Amesbury High School					Menu subject to change				
BREAKFAST									
Monday		Tuesday		Wednesday		Thursday		Friday	
						Cheeseburger Sub Peppers, onions, Mushrooms Seasoned Fries		Sausage, Egg And Cheese on an English Muffin Hash Brown Patty Applesauce	
Torta de Pollo (Chicken fajita Sub) Oven Fries Mexican Street Corn		Taco Tuesday Soft Tacos Mexican Rice Sour Cream, Salsa		Sweet and Sour Roasted Chicken Lo Mein Noodles Dinner Roll		Triple Decker Turkey Club Smile Fries		Cheese Stuffed Breadsticks Marinara Sauce Tossed Salad	
Italian Chicken Parmesan Sandwich Caesar Salad		Taco Tuesday Buffalo Ranch Chicken Quesadilla Spanish Rice Sour Cream		Macaroni and Cheese Buffalo Chicen Seasoned Broccoli Garlic Bread		Crispy Chicken Cordon Bleu Crinkle Fries		French Bread Pizza Cheese or Pepperoni Caesar Salad	
Chicken Cheesesteak Sub Peppers and Onions Tater Tots		Taco Tuesday Walking Tacos Fiesta Rice Cheese, Sour Cream,		Spaghetti and Meatballs Seasoned Green Beans Garlic Bread		Grilled Cheese or Grilled Ham and Cheese Creamy Tomato Soup		Waffles Sausage Hash Brown Patty Cinnamon Applesauce	
No School		Taco Tuesday Beef Nachos Sour Cream and Salsa lettuce, tomato, cheese, Olives, jalapeños		Chicken Broccoli Alfredo Garlic Bread		Ham and Cheese Calzone Marinara Sauce Chips Seasoned Green Beans		Mozzarella Filled Breadsticks Tossed Side Salad	

Also available daily: chicken patty, burgers, grilled cheese, veggie burgers, assorted wraps, salads and parfaits  
All lunches served with fruit and vegetable choices and a milk  
A la Carte items available for purchase

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE  
MySchoolBucks.com

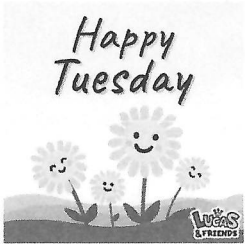
## Top 5 Garfield



#1. Why do they call it oven when you of in the cold food of out hot eat the food



#2. Lasagna



#3. Tuesdays




#4. Mondays




#5. Odie





### Today In History




In 1770, Marie-Antoinette married the future king of France, Louis XVI.


In 1866, U.S. Congress passed legislation leading to the creation of the nickel.

In 1920, Joan of Arc, national heroine of France, was canonized as a saint by Pope Benedict XV.

In 1943, the Nazis finally suppressed the month-long Warsaw Ghetto Uprising where Polish Jews and partisan fighters resisted deportation to the Treblinka extermination camp.


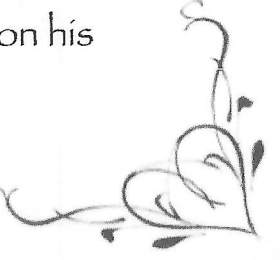


In 1986, the fighter pilot blockbuster classic Top Gun was released in American theatres, launching Tom Cruise into international stardom.



### Garfield Trivia



- 1) What is Garfield's favorite food?
  - 2) What year did Garfield premiere in newspapers?
  - 3) What is the name of Jon's girlfriend?
  - 4) What is Jon's profession?
  - 5) What character from "The Simpsons" has a picture of Garfield on his binder?
- 
- 



# **DO YOU LIKE LOOKING AT PHOTOS?**

**DID YOU MISS AN ISSUE OF THE  
PAPER?**

**WE HAVE A WEBSITE!**

**GO TO**

**[www.ahsweekly.com](http://www.ahsweekly.com)**

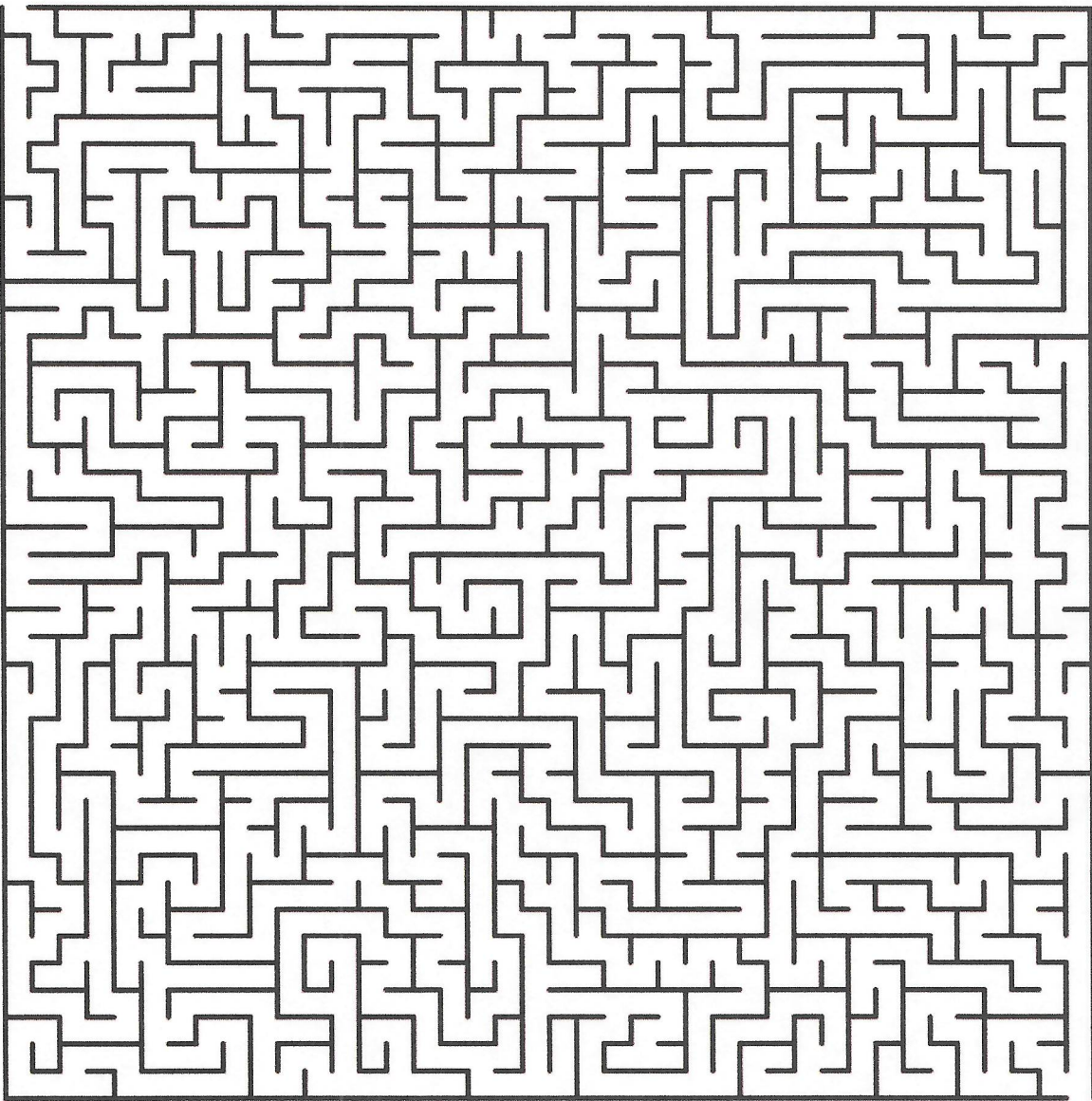
**WE POST ISSUES OF THE PAPER THE FOLLOWING WEEK.  
WE ALSO POST PHOTO ALBUMS OF ALL THE PICS WE  
TOOK FOR THAT ISSUE, WHETHER WE USED THEM IN THE  
PAPER OR NOT. WE SELL HIGH REZ PHOTOS FOR \$1  
EACH. CHECK US OUT!**



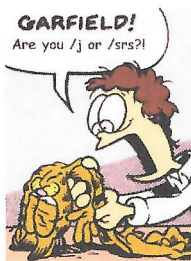
# GARFIELD! ARE YOU /J OR /SRS?!

## MAZE

Start!

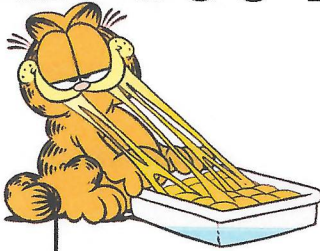


Finish!





# CAN YOU FIND THESE GARFIELD TERMS?



## Wordsearch



F	V	S	L	E	E	P	C	Y	T	E	A	P	B	Z	H	A	P	R	H
P	M	I	G	A	B	A	N	T	D	K	K	M	Z	Z	O	D	E	Y	U
K	A	Y	Q	U	C	O	M	I	C	F	B	P	D	D	E	Z	W	L	N
A	B	S	I	T	A	L	I	A	N	F	O	O	D	W	C	M	R	V	G
J	O	H	T	F	U	W	Q	H	F	W	L	E	S	H	S	Z	G	W	R
E	P	D	Y	A	I	T	X	P	P	P	J	R	W	E	W	A	A	G	Y
L	Z	C	Q	T	Y	N	I	H	M	P	L	Y	A	R	L	D	R	C	G
L	W	A	Y	R	K	S	G	D	I	G	Z	G	Z	P	A	V	F	Y	V
C	A	T	T	C	W	B	U	G	R	P	Z	C	M	M	P	E	I	B	D
L	W	I	K	Z	W	L	A	S	A	G	N	A	Z	V	H	N	E	J	T
O	W	G	U	U	O	O	P	G	T	K	R	S	A	V	Q	T	L	M	C
T	Q	E	W	K	T	F	R	I	X	O	I	C	R	F	M	U	D	Q	C
D	B	M	H	F	A	T	Q	A	H	G	Y	D	L	J	B	R	J	Q	C
T	F	C	O	M	M	C	P	Z	N	K	W	C	E	J	F	E	D	R	J
L	P	S	D	T	B	D	P	J	S	G	G	U	N	F	R	S	J	I	X
F	T	X	U	Z	R	I	S	B	Y	M	E	I	E	R	H	B	Q	M	B
D	A	A	M	O	N	D	A	Y	S	J	O	N	R	J	S	Z	X	V	L
E	N	M	F	P	R	V	Q	K	F	I	L	W	D	A	O	A	O	Y	Y
H	I	T	T	H	E	Q	U	A	N	D	N	J	M	O	R	I	D	S	B
N	E	R	M	A	L	E	R	Z	G	S	X	K	J	R	T	L	D	F	H

FAT  
ADVENTURES  
NERMAL  
COMIC

ODE  
CAT  
MONDAY  
ITALIAN FOOD

HUNGRY  
GARFIELD  
SLEEP  
JON

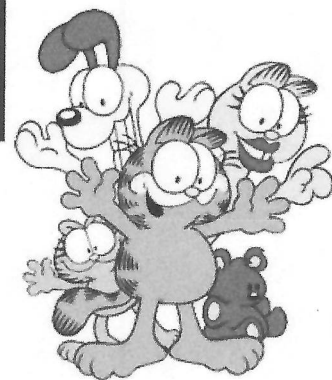
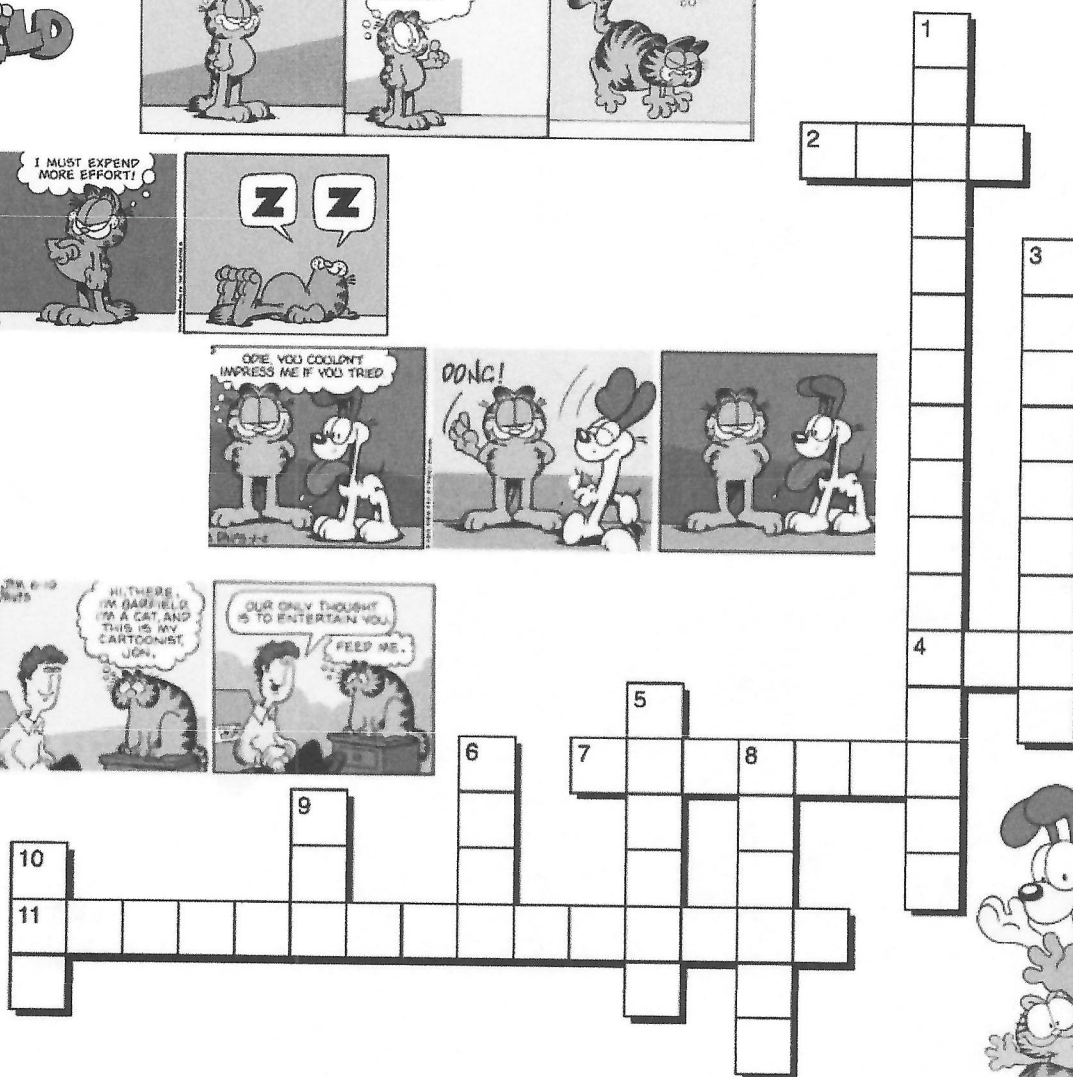
ARLENE  
ORANGE  
LASAGNA  
PASTA





# MMM....LASAGNA...

## Crossword



## Clues

### Across

- 2) Garfield's canine companion is named \_\_\_\_.
- 4) There is currently \_\_\_\_ different live-action Garfield movies.
- 7) What's Garfield's favorite food?
- 11) How many episodes are in "The Garfield Show"?

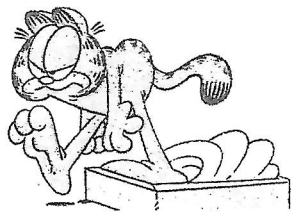
### Down

- 1) What type of cat is Garfield?
- 3) Who is Jon's love interest?
- 5) In the newest live action Garfield movie, he meets his long lost \_\_\_\_.
- 6) What's the color of Garfield's blanket?
- 8) The pink cat associated with Garfield is named \_\_\_\_.
- 9) \_\_\_\_ is the name of Garfield's owner.
- 10) What square shaped object does Garfield sleep in?



# GRUMPY CAT

## Sudoku

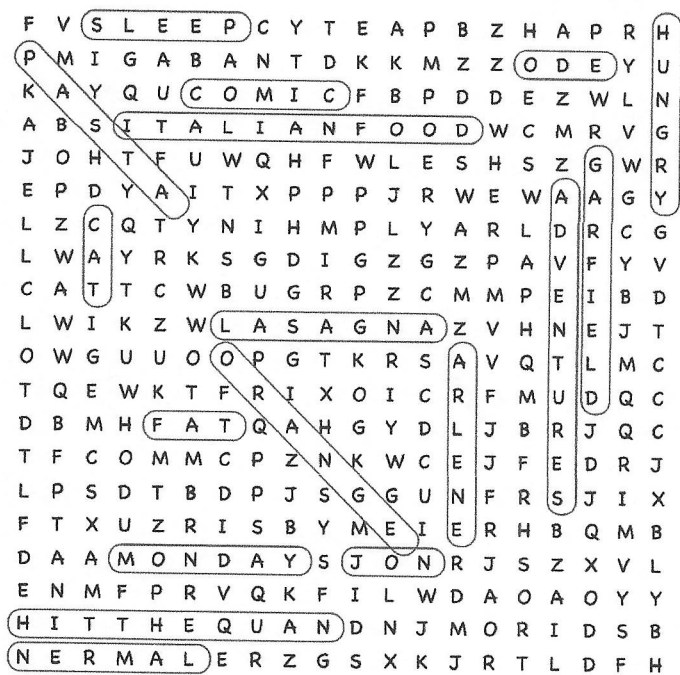
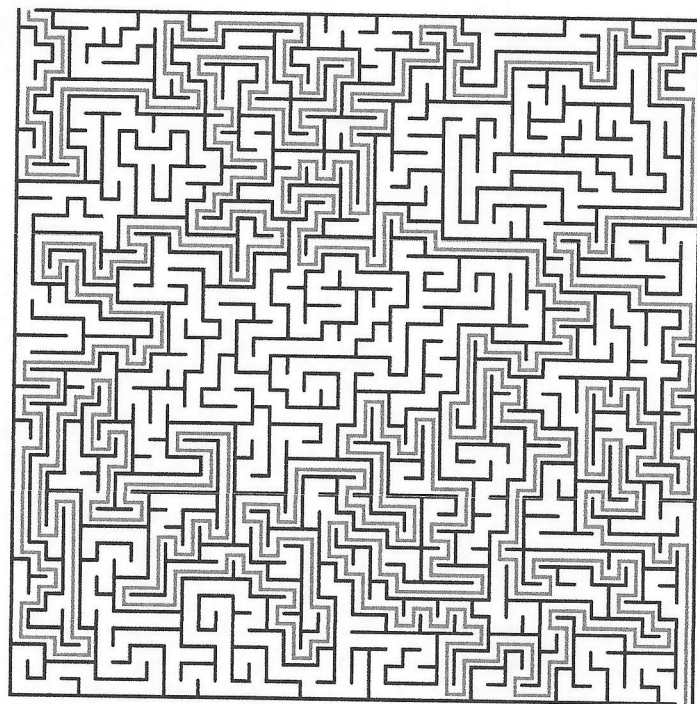
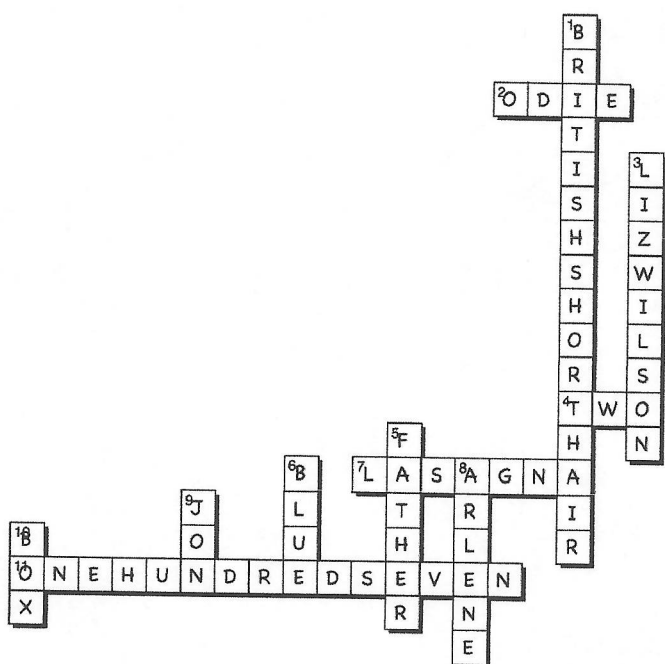


6					9			5
		3		8		6		4
			6			7		3
8				9				
	6	5				1	3	
		9						
3	7							
2		1		5				
						2	4	1





# Answers



1) Lasagna

2) 1978

### 3) Dr. Liz Wilson

#### 4) Cartoonist

### 5) Millhouse



