

The AHS Weekly

Volume: XLV Issue: XXV



**Athletes to
watch for this Spring**



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The AHS Weekly welcomes your questions, comments, and opinions. To submit a letter to the editors or join the staff, contact Barbara Leary, or come to the Mac Lab (241) any Wednesday or Thursday after school. Send articles and comments to ahsweekly@gmail.com.



Quote of the Week:

"The great secret of getting what you want from life is to know what you want and believe you can have it."

-Norman Vincent Peale

Volume XLV, Issue XXV

Established 1979

25 Cents

March 28, 2025

APPROVED!

Budget

After about 75 minutes of discussion Monday night, the School Committee voted to send Superintendent McAndrew's level service budget to the City Council, which will have the final say. A cut of a middle school assistant principal and replacing the AIHS custodian with the cleaning service lowered the 8.4% increase to 7.7%, but no other positions were cut or fees increased.

Speaking for the administrators, Shay Elementary School Principal Jim Montanari urged the School Committee to fund the level services budget. This was backed up by about a half dozen committee members under comments by visitors. Despite presenting two reduced budgets to the Committee as ordered, McAndrews made it clear she was not in favor of either of them. "There is no place to cut without causing serious harm to students," she said.

The Committee voted on all 12 categories of expenses separately and then voted the budget as a whole. The City Council still has the right to cut the budget when they meet later this spring.

Seven of the budget categories passed on 6-1 votes with the mayor abstaining on all the votes. Level

funding central office administration, transportation, maintenance, curriculum, special education, employee benefits, and technology all passed 6-1.

Some committee members, mostly Greg Noyes, tried to find cuts in the budgets for the individual schools. None of these motions garnered more than two votes. Noyes proposed cutting a second grade teacher from the Shay school. He was the only one to vote for this cut. Noyes then proposed cutting one of the assistant principals at the Middle School, which has two assistant principals for three grades. Some committee members argued that the Middle School has been a problem school for years and is finally getting its act together under a new principal. They

did not want to mess with the formula for improvement. This cut was rejected 3-2-2. At the high school, Mr. Noyes suggested getting rid of department chairs. That failed 4-2-1. At AIHS, replacing the maintenance man with the district cleaning service was suggested until it was discovered that the maintenance man does a lot more than just clean the school.

The final vote was 5-1-1 with Noyes voting no. He stated that essentially the budget passed was still two million short.

If you really want the same services as this year, then please contact your city counselor.



Mayor Gove speaks at the budget meeting.

LOOK WHAT'S COMING

SPRING SPORTS PREVIEW

Spring sports start next Wednesday. We asked the six head coaches to preview their season.

SPRING TRACK

Coach: Ernie Baissilion. Coach B has coached spring track for 37 years and winter track for 21 years. He has been coach of the year more times than we can count.

Last Year's Record;

Boys: 3-0 and was the D6 state champs.

Girls: 0-2-1

Expectations: Track always brings out a diverse group of kids with lots of different talents and matching those talents with the different events is like putting a puzzle together. The boys' team is coming off back to back state championships, and that will be

pretty hard to replicate, because not only do you have to have high-end talent, but also some luck. The boys should be competitive within our division and the girls should improve on their record from last year. I also think another strength of the program is the stability of the coaching staff



Lindsey Williamson warms up in a meet last year.

and their love for the sport. Keith Walton has been the throws and conditioning coach for close to 50 years and is highly regarded in the state as one of the best. Amesbury is always sending throwers to All States and New England and it's because of him. Kevin Johnston has produced some very good sprinters and jumpers. A few years back the girls had the number one seed in New England in the girls 4X100m. That doesn't happen too much in a small school, but that was because of his coaching. Andrew Goodwin has been with us since Covid and has done a nice job with the javelin and distance

runners. Both teams are fairly young, but if they progress and no one gets injured they could do well within the Baker Division.

Players to Watch: Girls: Katie Ishihara, Lindsey Williamson, Julia Parsons, Sadie Bolth, Della Hildt, and Julia Losee. Boys: Josiah Fugate, Brodie Hall, Dane Hall, Marcus Colon, Lucas Ferreira, Joe Puleo and Ben Wood.

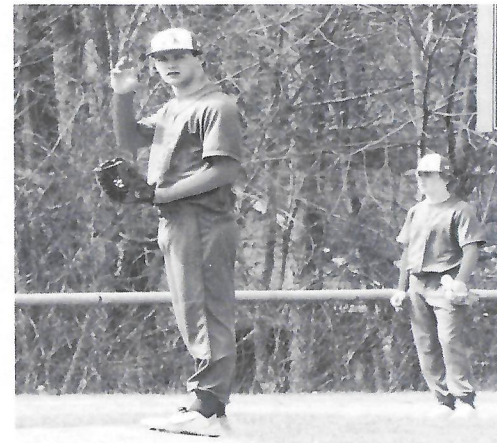
BASEBALL

Coach: Leo Gravell, 2nd year.

Last year's Record: 4-15

Expectations: We are hoping to build off of a strong 2nd half to last season. Our starting pitching is the key. We should improve as we bring back 3 regular starters in DJ DiCarlo, Ethan Kirby, and Josh Roberts.

Players to watch: Offensively, Kirby, our MVP in 2024 and Thomas McElaney, who had a good year for us, will be back in the mix as a top infielder. Connor Scialdone finished 2024 with a hot bat and should be a big contributor for us in 2025.



Pitcher Ethan Kirby was the MVP of last year's baseball team.

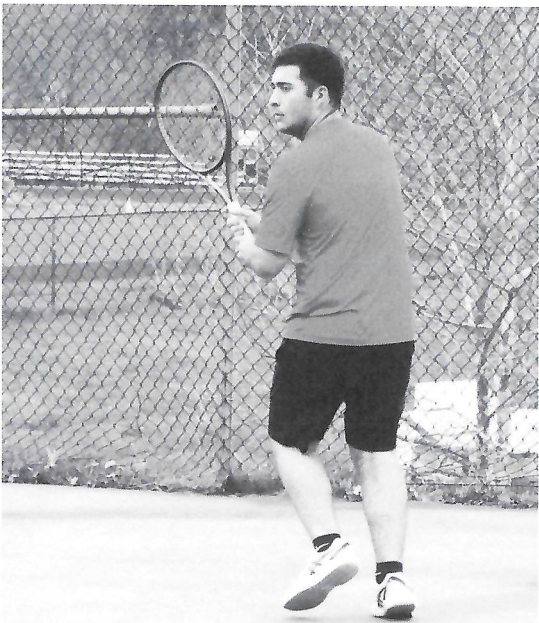


Josiah Fugate and Brodie Hall are veterans of track. Fugate was MVP of Winter Track.

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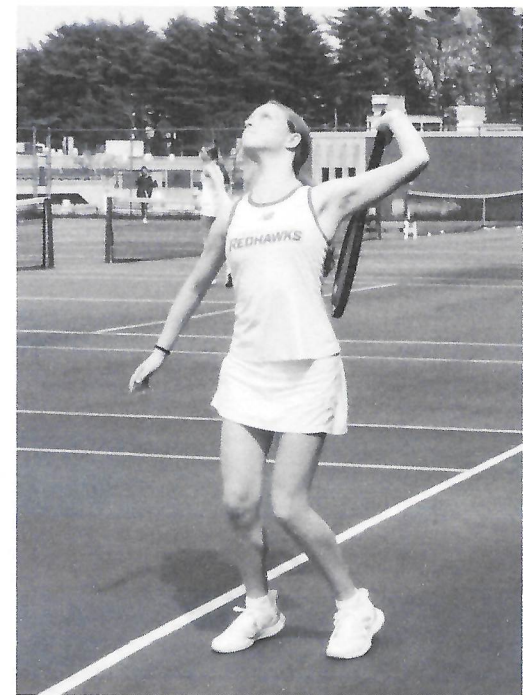
HOME RUN TIME

SPRING SPORTS PREVIEW



Jared Black played first singles last year.

Defensively, we have a very solid returner in CF with Joe Celia and we



Maeve Snyder played first singles for the girls last year.

bring back our every day catcher from last year, in Logan Genualdo.

BOYS' TENNIS

Coach: Ben Lambert, second year. Before that he was a full time tennis coach at a club in Andover for 3+ years.

Last Year's Record: 1 win

Expectations: Last season was a pleasant surprise for me. I had low expectations coming in and although we didn't get many team wins, we got a handful of individual wins (in perhaps the most competitive tennis conference in Mass) which was enough to qualify us for playoffs. Coming into this year we are down 4 seniors who were pillars of the team both on and off the court last year so it's going to be tough but I have confidence that our guys should be able to match what we did last year and hopefully go a step further. There are also a bunch of new guys joining the team and although their tennis is raw, their athleticism and competitiveness will see them put down some W's this year.

Players to watch: We have a strong top 3 that I'm excited to see how they compete this year. Jared Black is returning this year as a senior, and he had the tough job of playing the best kid on the other team every match last season, but with that experience in his pocket I think he'll be more competitive this year. Two others that should be making the transition from doubles to singles are Noah Blouin and Saideep Vaduka. They were a tough out last year at number one doubles, so I'm pumped to see what they can manage in singles this year.

GIRLS' TENNIS

Coach: Kristen Johnston, coach for 9 years.

Last year's record: 1 win.

Expectations: This will be a season of new talent. We have some strong freshmen and some upperclassmen who will be playing for Amesbury for the first time. There are 17 girls out for the team.

Players to watch: Maeve Snyder and Addy Upson are returning experienced players who played first and second singles last year.

SOFTBALL

Coach: Nikki Savastano



Lexi LeBlanc has been known to hit two home runs in a

Continued on next page.

PLAY BALL

SPRING SPORTS PREVIEW

Gadsby. This is Gadsby’s first year as head coach but she was an assistant varsity coach for 9 years before that. You can read about Gadsby on the athletic Hall of Fame wall. When she pitched for AHS in the 90’s, she was named CAL Player of the Year an astonishing three times.

Last year’s record: 10-4. CAL Champs. Softball is historically one of Amesbury’s strongest teams. Gadsby is the fourth coach to continue this dynasty.

Expectations: I think we should be able to hold our own this year. We have a fairly young team with just 2 seniors, but we have 7 returning starters and plenty of experience. The sky is the limit for this group and I am excited to see their hard work pay off!!

Players to watch: I would keep an eye on our homerun queen, Lexi LeBlanc, as well as our talented sophomore group of Hope Shanahan, Celia Tavares, Addie Cooper, Sofia Le and Harper Walker.

BOYS LACROSSE

Coach: George White. White founded this program at AHS in 2018. White said: “Coaching has given me the opportunity to watch

many young athletes in Amesbury grow and develop into talented players, which has been incredibly rewarding.”

Last years’s record: 1-11.

Expectations: We have a very

becoming a varsity program. Each year, we grow stronger as more experienced players join our team. We also have a new goaltender, Chase Tuneberg, who has been working hard to prepare for the season. Defensively, we have several players stepping into starting roles, which will be a challenge for them, but I believe they are ready to handle it.

Players to watch: Senior captain Max White is coming off a strong junior year and is ready to finish his senior season by leading this team to its first playoff appearance in program history. He’ll have support from co-captains Grady Hagan and Chase Lyndsey in moving the ball up the field. Junior captain Ollie Peters and senior Ethan Stanton are set to take charge of the defense to keep us competitive. Attackmen Ben Berg, Braden Delisle, and Nickie Creps are prepared to move the ball efficiently and score goals. Additionally, we have a talented group of freshmen expected to make an immediate impact, particularly Landen Mitchell.



Chase Lindsey is a veteran of the Lacrosse team.

talented team going into this year with a great team dynamic. Offensively, we are probably the strongest we have been since



APRIL 2ND, 2025

Evening of the Arts

Presented by
Amesbury High School
Amesbury Middle School
Cashman Elementary
Shay Elementary
Visual & Performing Arts

Musical performances
by AHS student musicians, AMS
Melody Club, and the
Cashman "Treblemakers"

Fine Art & Digital Art
by AHS students

Amesbury High School
5 Highland st.
Main Lobby & Auditorium

6pm - 8pm
Art gallery viewing
6:30 pm

SPRING SPORTS SCHEDULE

BASEBALL

Date	Time	Type	Opponent	Site
3/29/2025 Sat	12:00 PM	S	Portsmouth High School	Portsmouth HS - Portsmouth HS
4/3/2025 Thu	4:00 PM	NL	Pentucket Regional High School	Amesbury High School - Varsity Baseball Field
4/8/2025 Tue	4:00 PM	L	Ipswich High School	Ipswich-Mile Lane - Baseball Diamond
4/9/2025 Wed	4:00 PM	NL	Methuen High School	Methuen High School - Baseball Diamond
4/10/2025 Thu	4:00 PM	L	Manchester Essex Regional High School	Amesbury High School - Varsity Baseball Field
4/15/2025 Tue	4:00 PM	L	Essex North Shore Agricultural	Essex Tech - Middleton Fld
4/17/2025 Thu	3:30 PM	L	Triton Regional High School	Amesbury High School - Varsity Baseball Field
4/19/2025 Sat	10:00 AM	L	Hamilton-Wenham Regional High	Amesbury High School - Varsity Baseball Field
4/22/2025 Tue	10:00 AM	L	Rockport High School	Amesbury High School - Varsity Baseball Field
4/29/2025 Tue	4:00 PM	L	Pentucket Regional High School	Amesbury High School - Varsity Baseball Field
5/1/2025 Thu	4:00 PM	L	Ipswich High School	Amesbury High School - Varsity Baseball Field
5/3/2025 Sat	10:00 AM	L	Manchester Essex Regional High School	Essex Center Memorial Park Baseball Diamond - Essex Center Memorial Park Baseball Diamond
5/6/2025 Tue	4:00 PM	L	North Reading High School	Amesbury High School - Varsity Baseball Field
5/8/2025 Thu	4:00 PM	L	Georgetown Middle/High School	Amesbury High School - Varsity Baseball Field
5/10/2025 Sat	10:00 AM	L	Hamilton-Wenham Regional High	Patton Park - Hamilton MA - Baseball Diamond
5/13/2025 Tue	4:00 PM	L	Newburyport High School	Amesbury High School - Varsity Baseball Field
5/14/2025 Wed	4:00 PM	L	Winthrop High School	Amesbury High School - Varsity Baseball Field
5/15/2025 Thu	4:00 PM	L	Lynnfield High School	Lynnfield High School - Baseball Diamond
5/17/2025 Sat	6:30 PM	L	Rockport High School	Evans Field (Rockport) - Baseball Diamond
5/24/2025 Sat	11:00 AM	L	Georgetown Middle/High School	Georgetown High School - Varsity Baseball Diamond

Game types: P = Practice, S = Scrimmage, L = League, NL = Non League, T = Tournament, PS = Postseason
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SPRING SPORTS SCHEDULE

SOFTBALL

Date	Time	Type	Opponent	Site
4/7/2025 Mon	4:00 PM	L	Ipswich High School	Amesbury Middle School #1 (V) - # 1
4/9/2025 Wed	4:30 PM	L	Manchester Essex Regional High School	Sweeney Park - Sweeney Park
4/14/2025 Mon	4:00 PM	L	Essex North Shore Agricultural	Amesbury Middle School #1 (V) - # 1
4/16/2025 Wed	4:00 PM	L	Triton Regional High School	Triton Reg HS - Softball Diamond
4/21/2025 Mon	10:00 AM	L	Hamilton-Wenham Regional High - V	PINGREE PARK - PINGREE PARK
4/23/2025 Wed	10:00 AM	L	Georgetown Middle/High School	Amesbury Middle School #1 (V) - # 1
4/28/2025 Mon	4:00 PM	L	Rockport High School	Rockport HS - Rockport High School
4/30/2025 Wed	4:00 PM	L	Pentucket Regional High School	Amesbury Middle School #1 (V) - # 1
5/2/2025 Fri	4:00 PM	L	Ipswich High School	Ipswich, Bialek Park - Bialek Park
5/5/2025 Mon	4:00 PM	L	Manchester Essex Regional High School	Amesbury Middle School #1 (V) - # 1
5/7/2025 Wed	4:30 PM	L	North Reading High School	North Reading High School - Softball Field
5/9/2025 Fri	4:00 PM	L	Georgetown Middle/High School	Penn Brook Field - Penn Brook Farm Field
5/14/2025 Wed	4:00 PM	L	Hamilton-Wenham Regional High - V	Amesbury Middle School #1 (V) - # 1
5/16/2025 Fri	4:00 PM	L	Newburyport High School	Newburyport Pioneer Park (Pepe Field) - Pepe Field
5/19/2025 Mon	4:00 PM	L	Lynnfield High School	Amesbury Middle School #1 (V) - # 1
5/21/2025 Wed	4:00 PM	L	Rockport High School	Amesbury Middle School #1 (V) - # 1

Game types: P = Practice, S = Scrimmage, L = League, NL = Non League, T = Tournament, PS = Postseason

SPRING SPORTS SCHEDULE

LACROSSE

Date	Time	Type	Opponent	Site
4/2/2025 Wed	4:00 PM	L	Ipswich High School	Amesbury- Cashman - #1
4/4/2025 Fri	4:00 PM	L	Lynnfield High School	Lynnfield High School - #1
4/7/2025 Mon	4:00 PM	L	Essex North Shore Agricultural	Essex Tech - Stadium
4/9/2025 Wed	TBA	NL	Tewksbury Memorial High School	Tewksbury HS - Turf field (inside track) at HS
4/15/2025 Tue	4:00 PM	L	Hamilton-Wenham Regional High	Amesbury- Cashman - #1
4/17/2025 Thu	TBA	NL	Haverhill High School	Haverhill Stadium -
4/17/2025 Thu	4:00 PM	L	Haverhill High School	Haverhill Stadium - Haverhill HS Field
4/22/2025 Tue	4:00 PM	L	Manchester Essex Regional High School	MERHS Hyland Field - Manchester Hyland Field
4/23/2025 Wed	4:00 PM	NL	Haverhill High School	Cashman Elementary School - Cashman Elementary School
4/28/2025 Mon	4:00 PM	L	Lynnfield High School	Amesbury- Cashman - #1
4/30/2025 Wed	4:30 PM	L	Ipswich High School	Jack Welch stadium Ipswich HS - Ipswich H.S. - Turf
5/2/2025 Fri	7:15 PM	L	Triton Regional High School	Triton Reg HS - Varsity Fld
5/5/2025 Mon	4:00 PM	L	Manchester Essex Regional High School	Amesbury- Cashman - #1
5/9/2025 Fri	4:30 PM	L	Malden High School	Malden-MacDonald Stadium - TURF FIELD
5/13/2025 Tue	4:00 PM	L	Pentucket Regional High School	Amesbury- Cashman - #1
5/16/2025 Fri	4:00 PM	NL	Gloucester High School	Cashman Elementary School - Cashman Elementary School
5/19/2025 Mon	4:30 PM	L	North Reading High School	North Reading High School - # 1 Turf
5/21/2025 Wed	4:00 PM	L	Newburyport High School	Amesbury- Cashman - #1

SPRING SPORTS SCHEDULE

GIRLS' TENNIS

Date	Time	Type	Opponent	Site
4/7/2025 Mon	5:00 PM	L	Hamilton-Wenham Regional High	Manchester Athletic Club - Indoor Courts
4/9/2025 Wed	4:00 PM	L	Pentucket Regional High School	Amesbury High School - Courts
4/14/2025 Mon	3:30 PM	L	Ipswich High School	Ipswich HS - Tennis Courts
4/16/2025 Wed	4:30 PM	L	Manchester Essex Regional High School	Manchester Memorial School - Tennis Courts
4/28/2025 Mon	4:00 PM	L	North Reading High School	Amesbury High School - Courts
4/30/2025 Wed	3:30 PM	L	Rockport High School	Rockport HS - #2 JV Field
5/5/2025 Mon	4:00 PM	L	Newburyport High School	Newburyport High School - Atkinson Common
5/7/2025 Wed	4:00 PM	L	Hamilton-Wenham Regional High	Amesbury High School - Courts
5/9/2025 Fri	3:30 PM	L	Ipswich High School	Amesbury High School - Courts
5/12/2025 Mon	3:30 PM	L	Lynnfield High School	Lynnfield High School - Tennis Courts
5/14/2025 Wed	4:00 PM	L	Manchester Essex Regional High School	Amesbury High School - Courts
5/15/2025 Thu	3:30 PM	L	Rockport High School	Amesbury High School - Courts
5/19/2025 Mon	3:30 PM	L	Triton Regional High School	Amesbury High School - Courts

Game types: P = Practice, S = Scrimmage, L = League, NL = Non League, T = Tournament, PS = Postseason

SPRING SPORTS SCHEDULE

BOYS' TENNIS

Date	Time	Type	Opponent	Site
4/7/2025 Mon	4:00 PM	L	Hamilton-Wenham Regional High	Amesbury High School - Courts
4/9/2025 Wed	4:00 PM	L	Pentucket Regional High School	Pentucket Regional High School - Pentucket Regional High School
4/14/2025 Mon	3:30 PM	L	Ipswich High School	Amesbury High School - Courts
4/16/2025 Wed	4:00 PM	L	Manchester Essex Regional High School	Amesbury High School - Courts
4/28/2025 Mon	4:00 PM	L	North Reading High School	North Reading High School - Tennis Courts
4/30/2025 Wed	4:00 PM	L	Rockport High School	Amesbury High School - Courts
5/5/2025 Mon	4:00 PM	L	Newburyport High School	Amesbury High School - Courts
5/7/2025 Wed	4:00 PM	L	Hamilton-Wenham Regional High	Wenham Tea House - Wenham Tea House
5/9/2025 Fri	3:30 PM	L	Ipswich High School	Ipswich HS - Tennis Courts
5/12/2025 Mon	3:30 PM	L	Lynnfield High School	Amesbury High School - Courts
5/14/2025 Wed	4:30 PM	L	Manchester Essex Regional High School	Manchester Memorial School - Tennis Courts
5/15/2025 Thu	4:00 PM	L	Rockport High School	Rockport HS - #2 JV Field
5/19/2025 Mon	4:00 PM	L	Mystic Valley Regional Charter School	MV Athletic Complex - Behind Malden Catholic

Game types: P = Practice, S = Scrimmage, L = League, NL = Non League, T = Tournament, PS = Postseason

SPRING SPORTS SCHEDULE

SPRING TRACK

Date	Time	Type	Opponent	Site
4/16/2025 Wed	3:30 PM	L	Hamilton-Wenham Regional High	Amesbury High School - Fld 2
5/1/2025 Thu	4:00 PM	L	Ipswich High School	Ipswich HS - Stadium
5/3/2025 Sat	9:00 AM	NL	Ipswich High School	Ipswich HS - Stadium
5/7/2025 Wed	4:00 PM	L	Lynnfield High School	Lynnfield Middle School - Track
5/14/2025 Wed	3:30 PM	NL	Hamilton-Wenham Regional High	Amesbury High School - Fld 2

Game types: P = Practice, S = Scrimmage, L = League, NL = Non League, T = Tournament, PS = Postseason



WANT TO SUBMIT THE
DESIGN FOR THE SENIOR
T-SHIRT?

SUBMIT YOUR DESIGN BY APRIL 19th to the 2026
Google Classroom or give to Mrs. T or Mrs. Alley

LIKE SPORTS? NEED COMMUNITY SERVICE?

The AHS Weekly is looking for
spring sports reporters for
Baseball
Boys' Tennis
Girls' Tennis
Lacrosse

Have fun and get community service

See LEARY if interested.



Winter/Spring Lit. Mag. Contest!

* Three winners: \$25.00 gift cards for poetry, art, & short story categories

* Get published in 2025's literary magazine!

Write a poem or short story
or create art based these topics:



WINTER:

- Snow & ice
- Relaxation
- Valentine's Day
- St. Patrick's Day
- Blizzards
- Sledding/skiing/skating

SPRING:

- Flowers
- Bees
- Puddles/melting
- Transformation
- Social change
- Light



FREE CHOICE: write or create art about anything!

Submit to Google Classroom: **kr62wsf**

Deadline Monday, April 7, 2025



DID YOU MISS AN ISSUE OF THE PAPER?

Would you like a nice color copy of a
photo you saw in the paper?

WE HAVE A WEBSITE!

Go to

www.ahsweekly.com

WE POST ISSUES OF THE PAPER THE FOLLOWING WEEK.

**WE ALSO POST PHOTO ALBUMS OF ALL THE PICS WE
TOOK FOR THAT ISSUE, WHETHER WE USED THEM IN THE
PAPER OR NOT. WE SELL HIGH REZ PHOTOS FOR \$1
EACH. CHECK US OUT!**

ASK PETUNIA-JONES!

Spring has Sprung!

Dear Petunia Jones,

With spring around the corner, flowers blooming, and butterflies in the air, I have been searching for ways to become more involved in the season. At first I considered planting a garden or holding a picnic, but then I realized the best way I could possibly prepare for spring was to make sure my collections are up to par. Of course, the most logical collection to add to would be my slinkys and springs collection! (Because it is spring, and what would spring be without spring?) Unfortunately, I inherited my slinkys and springs collection from my great-great-grandmother, so I do not know where to buy the highest quality springs. I heard that you were an avid spring collector, so I was hoping you could help me on my journey!

-Snake Plissken

Dear Snake!

You were right to come to me about your slinky dilemma! For years, I have been the most popular slinky collector in my far-off homeland of Australia. In fact, my house is made of slinkies! I have also built my car solely out of springs and slinkys to show my love of spring. And due to my dedication to this hobby, I am aware of all the best, most affordable slinky shops and sellers! However, if you are unwilling to spend money on your slinky collection, you can certainly make your own. One method of slinky creation is as follows: Step 1: obtain a pair of scissors. Step 2: wait until someone with curly hair walks in front of you. Step 3: politely request a lock of their hair. If they decline, assure them it is not for witchcraft. This should convince them to share. Step 4: Once you have received the hair, it will function as a slinky! Another method is to locate a car that is not in use (if the car is in use, the process will be much more difficult). It is imperative that you bring a pair of pliers and a

wrench. Open the hood of the car and pull things out with the pliers until you get a spring! If you want a higher quality or more stylish spring/ slinky, you may need to pay a visit to the Slinky Man up in the notorious Coily Mountains. He is very hard to find, as he never stays in one place for too long, but you have the highest chance of finding him in either the Bouncing Hills or the Springy Springs. The Slinky Man specializes in slinkys, but if you tell him that you want to welcome in the spring season, he will give you a complimentary spring with your slinky order. You can find the Slinky Man in his Slinky hut. (It is a hut made only of slinkys, it's very hard to miss.) The slinky hut is very very close to your house, but you need to bring a handy dandy door opener slinky in order to enter. If you are as enthusiastic as you say you are about slinkys and springs, Snake Plissken, then the Slinky Man will allow you to survey his collection. He has red slinkys, blue slinkys, yellow slinkys, purple slinkys, green slinkys, sparkly slinkys, and shiny slinkys! Unfortunately, he has a very low supply of springs because they are less popular than slinkys, and having a large supply of springs is not good for business. Whether you obtain your own slinkys through the methods I discussed, or barter for slinkys with the Slinky Man, then please report your findings back to me, as I have not seen the Slinky Man since his last visit to the Stretchy Shores, and I would like to know how he is doing. Until we meet again, Springy Snake!

- Petunia Jones





PROM TICKETS

\$80



SELLING TO
JUNIORS:
APRIL 7-18TH

JRS & SRS:
APRIL 14TH-18TH

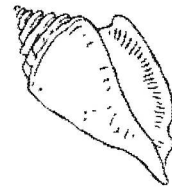
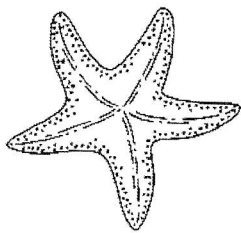
DURING WIN IN ROOM 239

*TICKETS CANNOT BE
PURCHASED FOR AN OUTSIDE
STUDENT UNTIL THE
PERMISSION SLIP HAS BEEN
TURNED IN!*



PROM 2025

PROMPOSAL *Contest*



When:

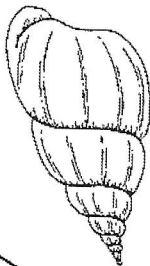
MARCH 22ND - APRIL 6TH

How:

- TAKE PICTURE OR VIDEO OF YOUR PROMPOSAL
- DM PICTURE TO @AHSPROM2025 IG
- YOU AND YOUR DATE MUST BE IN THE PICTURE

Other Info:

- WINNERS WILL RECEIVE 50% OFF TWO TICKETS
- NO LATE ENTRIES
- HAVE FUN AND BE CREATIVE!



ALEXANDRA DONNELL

Senior Profile

By Alice Moulton

Alexandra, who is better known as Alex, would say the most unique thing about her is her vocabulary. Her greatest accomplishments include getting into NHS, Rho Kappa, and NEHS. If she were to use one word to describe herself, she would say that she is extroverted!

In school, Alex is the captain of the softball team. Her favorite class was APUSH, as there was (ironically) great chemistry in the class! Overall, Alex's favorite parts of high school were having classes with her friends, especially Soleil Bennett, and the bus rides to softball games.

Outside of school, Alex is a coach and volunteer for the Amesbury Girls' Youth Softball League. She can also be found shopping and going on long car rides. Some of her favorite things include chicken alfredo, the color purple, and *GTA 5*. If Alex were granted three wishes, she would

want a clue, a million dollars, and a vacation to Italy.

If Alex were able to meet anyone in the world, she would want to meet Kim Kardashian because she is too iconic. Another person Alex

moment was sleeping in Mrs. Little's class...Zzz...Other than catch up on sleep, Alex sometimes cries or gasps at shocking news when no one is looking.

One expression Alex tends to overuse is the phrase 'ew.' She may say this when facing things she dislikes, such as her curfew or bad drivers. If Alex were granted a superpower, she would want to be able to teleport to get to places quicker.

When Alex was young, she wanted to be a doctor because they make lots of money. Now, Alex plans on going to college after high school. In ten years, Alex sees herself being a highly-paid lawyer! Objection!!! Alex's final message to the seniors is that she will see you all in ten years! We are counting down the days! We

hope Alex meets her goals, and that the ten years before we see her again treat her well!



enjoys is her brother, who is who Alex would consider to be her greatest hero! Conversely, Alex would say her most embarrassing

AVARI HENSON

Senior Profile

By Sophie Manetakis

Avari, known affectionately by her friends as Vari or Var Var, would consider her greatest accomplishment to be winning the Peace Pin Award.

Wow! She must be pretty peaceful. Avari is involved in a lot of different activities at Amesbury High School, some of the most prominent being the Rhythmics, NHS, SNHS, and Rho Kappa Honor Society. Some of her favorite teachers at AHS are Mr. Miller, Doc Walsh and Mr. Bastien because they always make her feel good about herself and make her laugh. She enjoyed her AP Bio class because it was fun to learn about Biology with some of her favorite people! She also loved it because it was taught by Mrs. Alley, and Mrs. Alley is a

sweetheart. Avari wants to give a shout-out to Ellie Marden for always being there for her throughout high school; she thinks Ellie is amazing and extremely talented. Avari's favorite book is *We Were Liars* by E. Lockhart, and you can find her shopping at American Eagle or Aerie because they are her favorite places to buy clothes! Her favorite mobile game is *Block Jam 3D*, and when she was little, it was *Minecraft*: a true

classic of the early 2010s. When Avari was asked about what her three wishes would be, she said she would wish for a red VW Beetle bug convertible, "more money," and for

embarrassing moment is when she fell up the stairs getting on the bus one year! If you asked me how you fall while running up the stairs, I couldn't tell you, but I'm sure

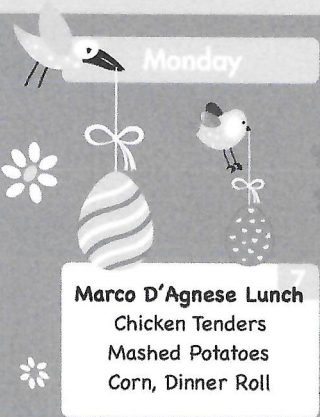

Avari's moment was super embarrassing and that she hasn't forgotten about it since. If Avari could have changed one thing within her time at the high school, she wishes she would've been more involved in things like clubs. The mystery that Avari wants most to get to the bottom of is the missing town of Roanoke, a group of 117 English settlers who disappeared from their hometown of Roanoke in 1590. Mysterious! If you want to get on Avari's good side, don't be a slow walker or driver, because these are some of her pet peeves. She believes that people need to walk faster in the hallways and step on

the gas!! When she was a little kid, Avari wanted to be a vet because she loves animals! Her favorite quote of all time was said by John Lennon: "Life is what happens to you while you're making other plans." Speaking of other plans, after high school, she intends to become a rad tech. A message she has to her 8-year-old self is that she promises that everything is going to be okay.



her mom and cat to live forever. How sweet is that? If she could meet anyone alive or dead, Avari chose to see her maternal grandfather because she never got to meet him. She's heard a lot about him from her family, and she would love to get the chance to know him. Along the same lines, Avari's hero is her mom because she is the strongest person that Avari has ever met. On a more lighthearted note, she said that her most

Lunch

LUNCH				
APRIL 2025				
Amesbury HS Rooms 113,115 & 317's Favorite Lunches				
Michael Almond says every lunch is his favorite lunch				
Monday	Tuesday	Wednesday	Thursday	Friday
	Anthony Lopez Lunch Beef nachos Cheese sauce, lettuce Tomato, sour cream Salsa	Kannisha Encarnacion Lunch Orange Chicken Vegetable Fried Rice Dinner Roll	TOTchos Tater tots Pork, Pico de Gallo, Cheese, Pineapple salsa Cinnamon Breadstick	Peter Blake Lunch French Toast Sticks Sausage Patty Hash Brown Patty Fruit Crisp
	Marco D'Agnese Lunch Chicken Tenders Mashed Potatoes Corn, Dinner Roll	Keelan Pothier Lunch Beef or Chicken Soft Taco Lettuce, tomato, Cheese Sour Cream, Salsa	Nolan Smith Lunch Pancake Bites, Tots Strawberries, Yogurt Cheese stick	Nate Bedard Lunch Hamburger with or without cheese And bacon, Potato Salad
	Lilly Cook Lunch Chicken Patty With or without Bacon, Lettuce and Tomato Curly fries	Taco Tuesday Walking Taco Beef, Cheese, Rice Sour Cream, Salsa	Brady Lang Lunch Cheese and Mayo Sub With some meat on it Sun Chips, Fruit Salad	Danny Torres Lunch Homemade Cheese Or pepperoni Pizza Fruit and Fries
VACATION	VACATION	VACATION	VACATION	VACATION
Quentin Denis Lunch Chicken Tenders Mac n Cheese Fresh Fruit Salad	Charles Alves Lunch Grilled Cheese With or without pepperoni Tomato Soup	Abby Chmielewski Lunch Chicken Broccoli Alfredo Garlic Bread		

Also available daily: chicken patty, burgers, grilled cheese, assorted wraps, salads and parfaits
All lunches served with fruit and veggie choices
A la carte items available for purchase

MY SCHOOL BUCKS

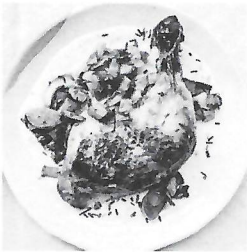
PAY FOR MEALS ONLINE

MySchoolBucks.com

Top 5 Spring



#1. Box



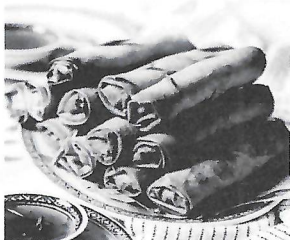
#2. Chicken



#3. Break



#4. Onion



#5. Roll

APRIL SHOWERS :(

Weather

FRIDAY, MARCH 28: ☁️
53°, Precipitation 0%, 42%
Humidity, Winds 3-13 mph

SATURDAY, MARCH 29: ☁️
41°, Precipitation 85%, 81%
Humidity, Winds 3-11 mph

SUNDAY, MARCH 30: ☁️
43°, Precipitation 70%, 82%
Humidity, Winds 5-9 mph

MONDAY, MARCH 31: ☁️
64°, Precipitation 80%, 82%
Humidity, Winds 2-13 mph

TUESDAY, APRIL FOOLS: ☁️
58°, Precipitation 0%, 53%
Humidity, Winds 7-12 mph

WEDNESDAY, APRIL 2: ☁️
42°, Precipitation 0%, 51%
Humidity, Winds 4-7 mph

THURSDAY, APRIL 3: ☁️
46°, Precipitation 75%, 77%
Humidity, Winds 4-10 mph



SPRING FORWARD

Roving Reporter

Question: “What is your favorite part about spring?”

Natalia Makarewicz: “Better Weather.”

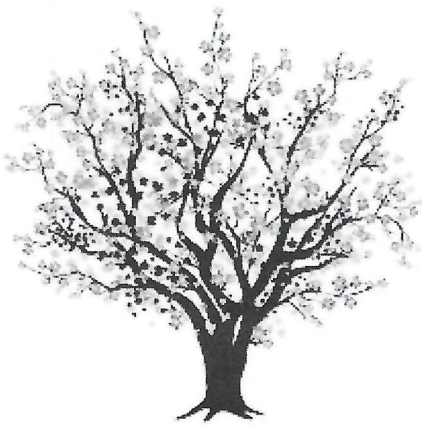
Josiah Fugate: “Running.”

Ty Dore: “The trees blooming.”

Zen Zents: “End of winter...”

Alice Moulton: “boioioing.”

Ava Harlow: “My birthday.”



Horoscope

Virgo (Aug. 24 - Sept. 23)

Life: You will be ejected from the game after getting two technical fouls.

Single: You will take a swing at the ref.

Couples: Your partner will rush the court and take a swing at the ref.

Libra (Sept. 23 - Oct. 22)

Life: Your group chat discussing launching air strikes at Houthi rebels in Yemen will get leaked (oops just some silly fun).

Single: Your loan application will be rejected but the banker will congratulate you on your audacity to ask for \$50 million for a mansion as a "business expense."

Couples: Your partner will steal your identity and will somehow take out a \$50 million loan in your name to buy a mansion as a "business" expense.

Scorpio (Oct. 24 - Nov. 22)

Life: You will force a leveraged takeover of a Fortune 500 company.

Single: You will wonder why there are not more historical dramas about late-18th century Classical composer rivalries.

Couples: You and your partner will open a store focused solely around selling DVD copies of the 1984 historical drama Amadeus starring F. Murray Abraham as Antonio Salieri, the rival of composer Wolfgang Amadeus Mozart.

Sagittarius (Nov. 23 - Dec. 21)

Life: You will

Single: You probably will

Couples: Your partner will not

Capricorn (Dec. 22 - Jan. 20)

Life: You are an old man who has fished in a skiff in the Gulf Stream and has gone eighty-four days now without taking a fish.

Single: In the first forty days you had a boy with you. But after forty days without a fish the boy's parents had told him that you were definitely and finally *salao*, which is the worst form of unlucky.

Couples: The boy has gone at their orders in another boat which caught three good fish in the first week.

Aquarius (Jan. 21- Feb. 19)

Life: I seen the whole game. I was at home watching the game. Before the game even started, I said he was probably gonna score 70 tonight. I don't know what made me say that. My friends whipped me, and I was like, 'Okay.' When he got to 70, I was like, 'He might as well got for 80.'

Single: Cap

Couples: LieBron

Pisces (Feb. 20 - Mar. 20)

Life: You will fall asleep with "MUSIC" by Playboi Carti on loop and will have nightmares at it infects your brain.

Single: Cardo my evil twin! 🙌🧐

Couples: Carti my evil twin! 🙌🧐

Aries (Mar. 21 - April 20)

Life: You will be rejected from that college, but you didn't even want to go there, right... right? ... RIGHT?

Single: You will give a captivating presentation on the political and economic state of the world right now.

Couples: BROOO! ~ (°○°)/

Taurus (April 21 - May 20)

Life: FE!N FE!N get it like the song

Single: Big W incoming

Couples: Big W incoming for you as well, relationship status will have no effect.

Gemini (May 21 - June 21)

Life: You will value your Florida estate at \$1.8 billion on your taxes and a judge will rule that it is only worth \$18 million (relatable).

Single: MUSTAAAAAAAARD!

Couples: this is me Kendrick Lamar I'm stuck in Toronto right now and I need \$500 for a plane ticket to get back to Compton for show dissing Drake

Cancer (June 22 - July 24)

Life: how do i know its u?

Single: they not like us they not like us mustard

Couples: omg its really u im sending the money rn!


Leo (July 25 - Aug. 23)

Life: Concentrate and ask again


Single: You will enforce a blanket 25% tariff on all vehicle and vehicle part manufactured outside the United States in a highly controversial move to protect the American auto industry at the risk of starting a trade war using a tactic that is typically reserved for individual tariffs specific segments of industries to strengthen domestic production and not in such a weaponized way, besides, of course, the famous tariff policy of 25th President of the United States William McKinley, who was heavily in favor of tariffs until he realized the complexity of balancing contradictory benefits and that tariffs would have to be set in a more specific way rather than such a generalized way, as doing so could trigger economic instability, as we so famously saw about three decades later with the Great Depression.

Couples: You partner will show your music to the court composer in hopes they can get you a job in the court.





Today In History



In 1891, the first world weightlifting championship is won by Edward Lawrence in London, England.

In 1930, Constantinople was renamed to Istanbul by the Turkish postal service.

In 1941, the British writer Virginia Woolf died at age 59.

In 1953, "The Crucible" won the 7th Tony Awards for most outstanding play.



In 1963, The AFL's NY Titans became the NY Jets.





Spring Trivia



- 1) When did spring officially start this year?
 - 2) What are the three spring zodiac signs?
 - 3) When is Earth Day?
 - 4) What are the spring months in Australia?
 - 5) Who was the first lady credited with sponsoring the first annual Easter egg roll on the White House Lawn?
- 
- 

**Amesbury Public Schools
Educational Access Channel 8****P r o g r a m S c h e d u l e**
W e e k o f M a r c h 3 1 , 2 0 2 5**Monday, March 31st**

2:30pm Amesbury School Committee Meeting -Recorded 3/17/25
7:00pm Amesbury School Committee Meeting -Recorded 3/24/25
10:00pm Whittier Tech School Committee Meeting -Recorded 3/12/25
11:00pm Information Bulletin Board

Tuesday, April 1st

6:00pm AHS Magazine Show -Show 88 -Topic: The PACT DC Trip (R)
7:00pm Amesbury Middle School 2025 "AMS Idol" Faculty Karaoke Show -Recorded 3/21/25
8:30pm Amesbury Middle School 2022 Stars On Stage Talent Show -Recorded 11/17/22 (R)
10:00pm Information Bulletin Board

Wednesday, April 2nd

6:00pm Behind the Brick Wall -Amesbury's Entrepreneurs -Show 6 "Zach Field & The Trades Mill" (R)
7:00pm Amesbury Middle School 2025 Student Artist Recital -Recorded 3/12/25 (R)
8:30pm Amesbury High School 2025 Winter Sports Awards -Recorded 3/18/25 (R)
10:00pm Information Bulletin Board

Thursday, April 3rd

5:00pm Footprints -Amesbury's History from Those Who Have Lived It -Show 2 -Guest: Terry Axten (R)
6:00pm Around Amesbury -Show 87 -Guest: Diana DiZoglio (R)
7:00pm Amesbury High School 2024 Night of the Arts Concert -Recorded 4/3/24 (R)
9:00pm AHS Magazine Show -Show 88 -Topic: The PACT DC Trip (R)
9:30pm Information Bulletin Board

Friday, April 4th

5:00pm Behind the Brick Wall -Amesbury's Entrepreneurs -Show 6 "Zach Field & The Trades Mill" (R)
6:00pm Cashman Elementary School 2024 Spring Concert -Recorded 5/1/24 (R)
6:30pm Amesbury Middle School 2024 Spring Chorus Concert -Recorded 5/14/24 (R)
7:30pm Amesbury High School 2024 Night of the Arts Concert -Recorded 4/3/24 (R)
8:30pm Information Bulletin Board

Saturday, April 5th



8:00am Amesbury Educates -Shows From the Archives of this Long Running Series (R)
9:00am Amesbury School Committee Meeting -Recorded 3/24/25
12:00pm Around Amesbury -Show 87 -Guest: Diana DiZoglio (R)
1:00pm Footprints -Amesbury's History from Those Who Have Lived It -Show 2 -Guest: Terry Axten (R)
2:00pm Information Bulletin Board



Sunday, April 6th

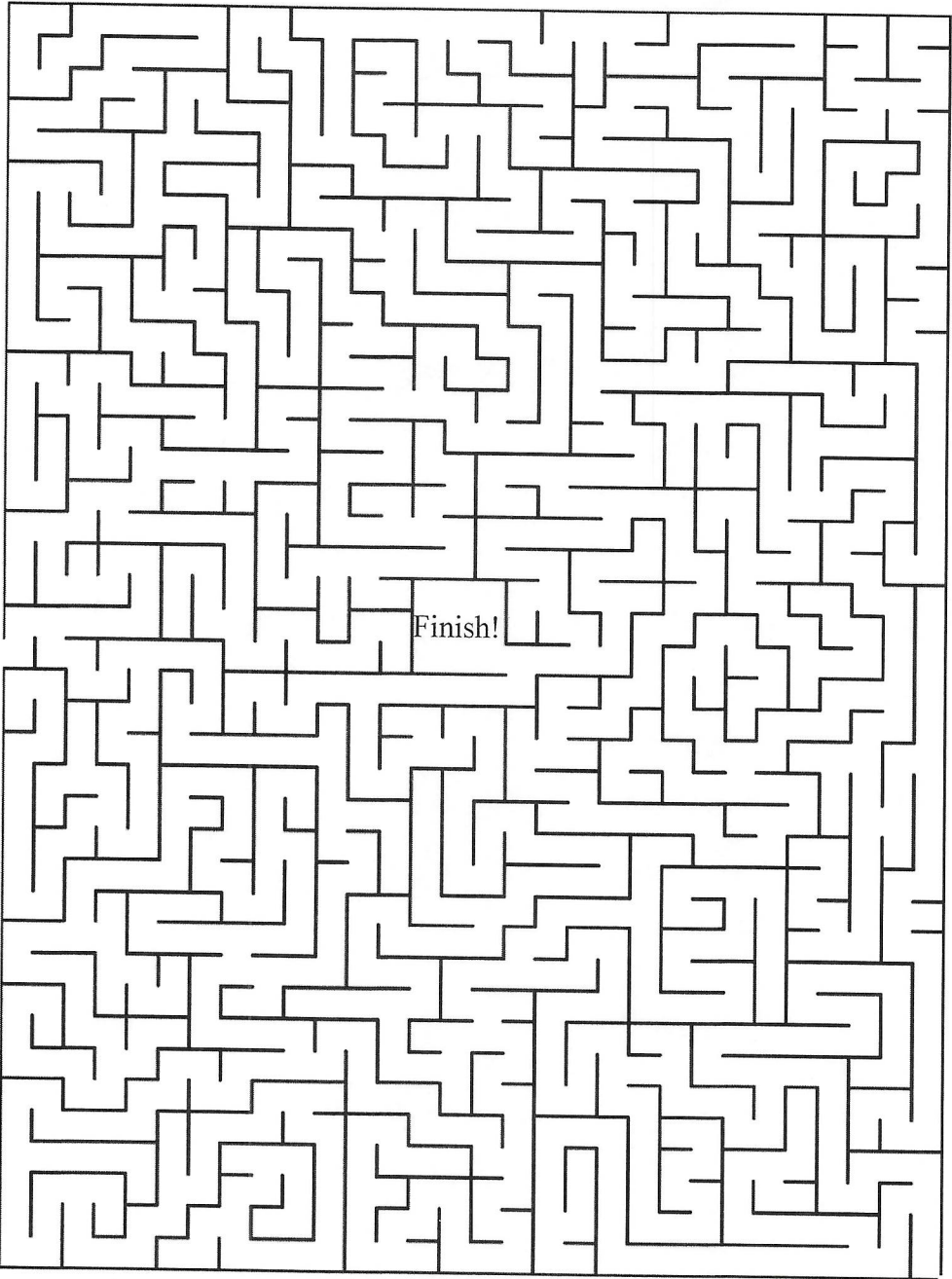
7:00pm From the Archive:
Cashman Elementary School 2019 Spring Concert -Recorded 5/22/19
8:00pm From the Archive:
Amesbury High School 2019 Spring Concert -Recorded 5/7/19
9:00pm Information Bulletin Board

APRIL SHOWERS BRING MAY FLOWERS!

MAZE

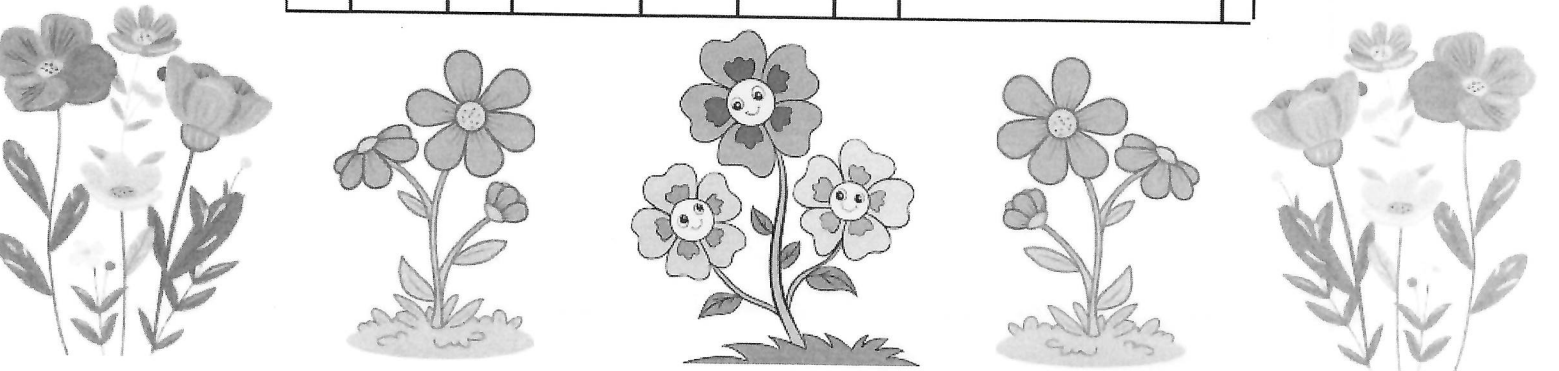


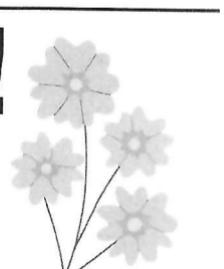




Finish!

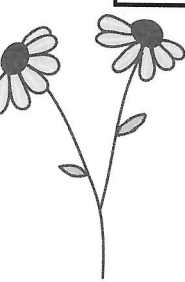
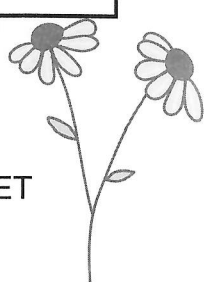
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SPRING HAS SPRUNG !!

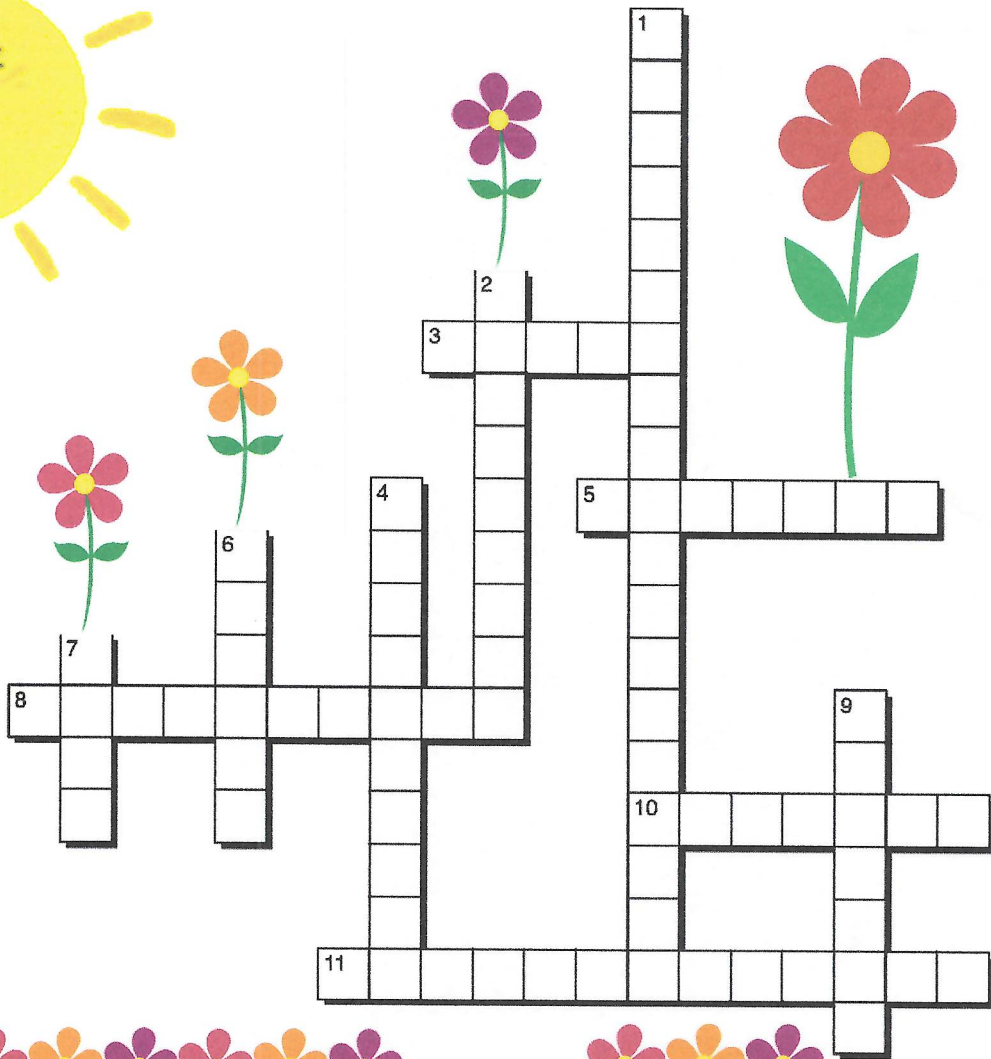
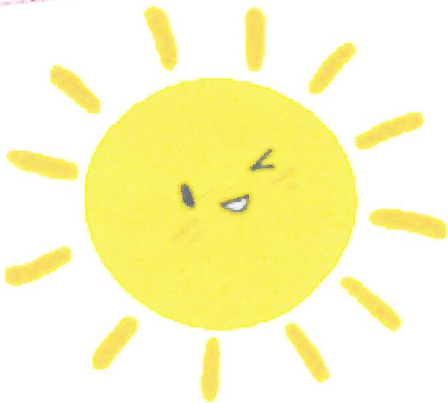
Wordsearch

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A	C	F	W	F	I	L	P	M	L	M	Q	W	W	O	O	I	W	G	I
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S	P	R	I	N	G	B	R	E	A	K	S	U	B	G	W	C	D	S	D
N	M	C	J	N	I	T	O	Y	X	F	Y	S	T	P	T	P	B	K	S
K	M	F	X	G	Y	E	A	Z	G	R	V	P	O	V	F	S	U	B	E
R	F	V	G	G	F	U	H	D	L	M	G	U	O	M	P	P	G	V	G
I	G	U	Z	C	W	G	R	F	Z	X	F	C	I	G	S	R	S	C	A
X	B	L	O	O	M	I	N	G	L	P	S	C	Q	Q	U	I	E	A	R
Y	E	F	A	R	M	E	R	S	M	A	R	K	E	T	D	N	U	M	A
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Z	E	G	P	B	E	E	S	L	M	K	H	M	S	N	E	F	C	W	E
Y	Q	A	Q	K	J	J	F	Y	W	P	X	I	R	X	O	V	S	A	S
G	A	R	D	E	N	A	W	B	O	K	E	N	Z	J	K	E	F	R	A
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W	N	J	Z	D	A	T	V	M	G	V	H	X	S	O	L	Z	A	P	B

- 
 - BEES
 - SPRING
 - BIRDS
 - SPORTS
- RAIN
 - GARDEN
 - FLOWERS
 - BLOSSOMS
- BLOOMING
 - GARAGE SALE
 - SPRING BREAK
 - SUN
- BUGS
 - LEMONADE
 - WARM
 - FARMERS MARKET

FLORALS EVERYWHERE!

Crossword



Clues

Across

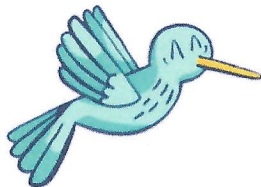
- 3) What month does Spring begin in?
- 5) What animal is most associated with the month of April?
- 8) Finish the statement: "April flowers bring _____"
- 10) What natural disaster is most common in Spring?
- 11) What is the first day of Spring called?

Down

- 1) What does DST stand for? (Hint: its when we set our clocks forward)
- 2) What is the official birth flower of March?
- 4) Who is the Greek goddess of Spring and nature?
- 6) What is the main spring allergy trigger?
- 7) What type of precipitation is common in spring, consisting of frozen raindrops?
- 9) What is the April birthstone?

HEAR THE BIRDS SING FOR SPRING

Sudoku



			5		1	6		4
1	5	3			2		8	7
2	6			7	8	5	1	
	3	6		9		2	4	
7		9	2					6
	2	1	3		5		7	
			7	8			3	2
9		8		2		4		
	1		4	5	6	7		

